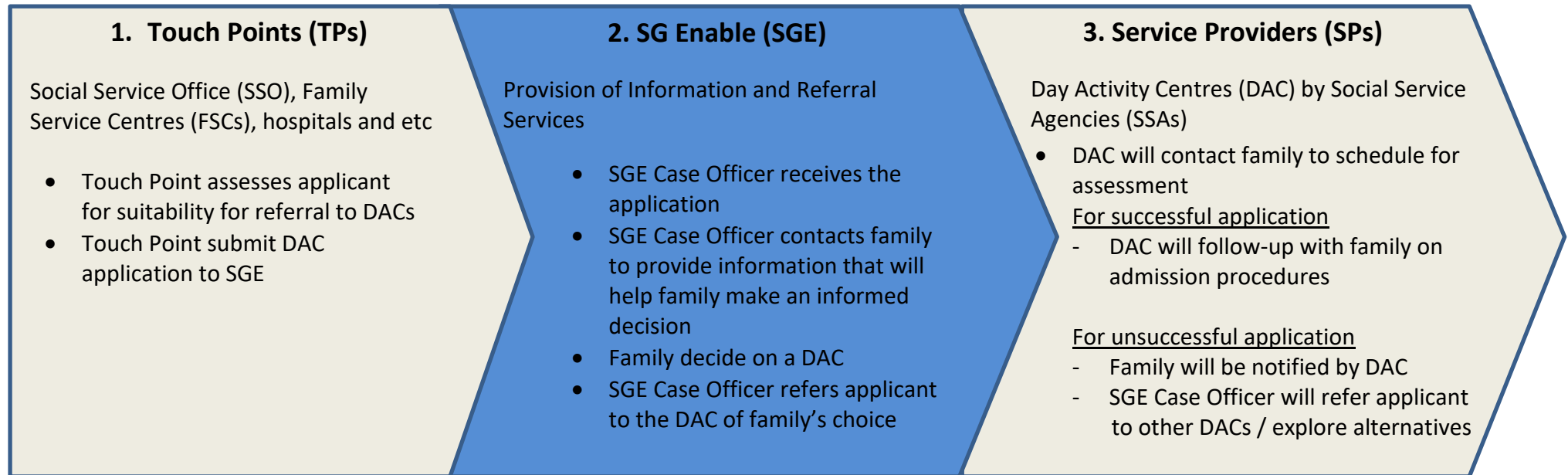


## Referral process for Day Activity Centre (DAC)



## Some key factors when selecting a DAC

### Applicant's Disability Type



- Choose a DAC that caters to the applicant's disability type

### Location of centre



Find a DAC that is near to the applicant's residence

### Transport services



If transport is required, ensure that the chosen DAC provides transport

## Overview of the guide

*\*Click on the page number directly to access more information*

### General information by region

|  |                        |
|--|------------------------|
| DACs that serves applicants with Autism Spectrum Disorder (ASD)                  | <a href="#">3</a>      |
| DACs that serves applicants with Intellectual Disability (ID)                    | <a href="#">4 to 6</a> |
| DACs that serve applicants with Physical Disability (PD) / Multiple Disabilities | <a href="#">7 to 8</a> |

### Additional information by agency

|  |                    |   |                    |   |                    |
|--|--------------------|---|--------------------|---|--------------------|
| AWWA Day Activity Centre   | <a href="#">9</a>  | Metta Home Day Activity Centre @ Woodlands            | <a href="#">17</a> | St. Andrew's Adult Autism Services - Day Activity Centre (Sengkang) | <a href="#">22</a> |
| Bishan Home Day Activity Centre  | <a href="#">10</a> | MINDS Community Hub (Kebun Bahru)                     | <a href="#">18</a> | St. Andrew's Adult Autism Services - Day Activity Centre (Siglap)   | <a href="#">22</a> |
| Bizlink Day Activity Centre  | <a href="#">11</a> | MINDS Community Hub (Clementi)                        | <a href="#">19</a> | SUN-DAC (Bedok South)   | <a href="#">23</a> |
| Blue Cross Thong Kheng ASD DAC   | <a href="#">12</a> | MINDS Community Hub (Geylang Serai)                   | <a href="#">19</a> | SUN-DAC (Choa Chu Kang)   | <a href="#">23</a> |
| Blue Cross Thong Kheng Home - Day Care Service                             | <a href="#">13</a> | MINDS Community Hub (Faber)                           | <a href="#">19</a> | SUN-DAC (Upper Thomson)   | <a href="#">23</a> |
| Cerebral Palsy Alliance Singapore (CPAS) Day Activity Centre               | <a href="#">14</a> | MINDS Community Hub (Jurong East)                     | <a href="#">19</a> | The Singapore Cheshire Home – Day Care Centre                       | <a href="#">24</a> |
| Christian Outreach to the Handicapped Emmanuel Activity Centre @ Tampines  | <a href="#">15</a> | MINDS Community Hub (Hougang)                         | <a href="#">18</a> | THK Autism Centre @ Geylang Bahru                                   | <a href="#">25</a> |
| Christian Outreach to the Handicapped Emmanuel Activity Centre @ Toa Payoh | <a href="#">15</a> | MINDS Community Hub (Tampines East)                   | <a href="#">19</a> | THK Day Activity Centre @ Geylang Bahru                             | <a href="#">26</a> |
| Eden Centre for Adults (Clementi)  | <a href="#">16</a> | MINDS Community Hub (Yishun)                          | <a href="#">18</a> | TOUCH Centre for Independent Living (Bukit Merah)                   | <a href="#">27</a> |
| Eden Centre for Adults (Hougang)   | <a href="#">16</a> | Red Cross Home for the Disabled - Day Activity Centre | <a href="#">20</a> | TOUCH Centre for Independent Living (Ubi)                           | <a href="#">27</a> |
| Metta Day Activity Centre for the Intellectually Disabled @ Hougang        | <a href="#">17</a> | SPD Day Activity Centre                               | <a href="#">21</a> |   |                    |

## General information of DACs that serve Autism Spectrum Disorder (ASD)

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

|  |                     | NORTHEAST  |                                  |  | EAST   | WEST                              | CENTRAL                           |
|--|---------------------|--|----------------------------------|--|--|-----------------------------------|-----------------------------------|
| Name of centre                         |                     | Blue Cross Thong Kheng ASD Day Activity Centre                                 | Eden Centre for Adults (Hougang) | St Andrew's Autism Centre Day Activity Centre (Sengkang) | St Andrew's Autism Centre Day Activity Centre (Siglap) | Eden Centre for Adults (Clementi) | THK Autism Centre @ Geylang Bahru |
| Applicant's Disability type            | Primary Diagnosis   | Autism Spectrum Disorder, Intellectual Disability cum Autism Spectrum Disorder | Autism Spectrum Disorder         | Autism Spectrum Disorder                                 | Autism Spectrum Disorder                               | Autism Spectrum Disorder          | Autism Spectrum Disorder          |
|  | Secondary Diagnosis | Multiple Disabilities  |                                  | Multiple Disabilities                                    | Multiple Disabilities                                  |                                   | Intellectual Disability           |
| Wheelchair Accessible                  |                     | No   |                                  |  | No   | No                                | No                                |
| Transport Provided*                    |                     | Yes  |                                  |  | Yes  | Yes                               | Yes                               |
| Estimated Waiting Time for Enrolment** |                     | To Be Advised  | 2 years                          | 6 months – 1 year  | 6 months - 1 year                                      | 5 years                           | 6 months - 1 year                 |
| Vacancy**                              |                     | To Be Advised  | No                               | No   | Low  | No                                | Low                               |

\*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

\*\*Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

## General information of DACs that serve Intellectual Disability (ID)

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

|  |                     | NORTHEAST   |  |                               | CENTRAL   |  |   |   |
|--|---------------------|---|--|-------------------------------|---|--|---|---|
| Name of centre                         |                     | Metta Day Activity Centre for the Intellectually Disabled (Hougang) | MINDS Community Hub (Kebun Bahru)              | MINDS Community Hub (Hougang) | Bishan Home for the Intellectually Disabled Day Activity Centre | Christian Outreach to the Handicapped Emmanuel Activity Centre @ Toa Payoh | THK Day Activity Centre @ Geylang Bahru | TOUCH Centre for Independent Living (Bukit Merah) |
| Applicant's disability type            | Primary Diagnosis   | Intellectual Disability (Mild - Moderate)                           | Intellectual Disability                        |                               | Intellectual Disability   | Intellectual Disability or Autism Spectrum Disorder                        | Intellectual Disability                 | Intellectual Disability (Mild-Moderate)           |
|  | Secondary Diagnosis | Autism Spectrum Disorder (Mild-Moderate)                            | Autism Spectrum Disorder or Other Disabilities |                               | Other Disabilities  |  | Autism Spectrum Disorder (Case-by-case) | Hearing Impairment                                |
| Wheelchair Accessible                  |                     | No  |  |                               | Yes   |  | No                                      |   |
| Transport Provided*                    |                     | Yes   |  |                               | Yes   |  |   |   |
| Estimated Waiting Time for Enrolment** |                     | 2 months  | 1 month  | 3 months                      | 3 months  | 12 months and above  | 6 months - 1 year                       | 4 months  |
| Vacancy**                              |                     | Yes   | Low  | Low                           | No  | Yes  | Low                                     | Yes   |

\*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

\*\*Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

## General information of DACs that serve Intellectual Disability (ID)

by Region

**CLICK****CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION**

|  |                     | NORTH                                      |  | EAST  |  |                                     |   |
|--|---------------------|--|--|---|--|-------------------------------------|---|
| Name of centre                         |                     | Metta Home Day Activity Centre (Woodlands) | MINDS Community Hub (Yishun)                   | Christian Outreach to the Handicapped Emmanuel Activity Centre @ Tampines | MINDS Community Hub (Geylang Serai)            | MINDS Community Hub (Tampines East) | TOUCH Centre for Independent Living (Ubi) |
| Applicant's disability type            | Primary Diagnosis   | Intellectual Disability (Mild - Moderate)  | Intellectual Disability (Mild - Moderate)      | Intellectual Disability, Autism Spectrum Disorder                         | Intellectual Disability                        |                                     | Intellectual Disability (Mild-Moderate)   |
|  | Secondary Diagnosis | Autism Spectrum Disorder (Mild-Moderate)   | Autism Spectrum Disorder or Other Disabilities | Other Disabilities  | Autism Spectrum Disorder or Other Disabilities |                                     |   |
| Wheelchair Accessible                  |                     | Yes  | No   | Yes   | No   |                                     |   |
| Transport Provided*                    |                     | Yes  |  | Yes   |  |                                     |   |
| Estimated Waiting Time for Enrolment** |                     | 1 - 2 months                               | 1 month  | 12 months and above   | 3 months                                       | 3 months                            | 4 months                                  |
| Vacancy**                              |                     | Yes  | Low  | Low   | Yes  | No                                  | No  |

\*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

\*\*Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

## General information of DACs that serve Intellectual Disability (ID)

by Region

**CLICK****CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION**

|  |                     | WEST  |  |                             |                                   |
|--|---------------------|---|--|-----------------------------|-----------------------------------|
| Name of centre                         |                     | Blue Cross Thong Kheng Home Day Activity Centre | MINDS Community Hub (Clementi)                 | MINDS Community Hub (Faber) | MINDS Community Hub (Jurong East) |
| Applicant's disability type            | Primary Diagnosis   | Intellectual Disability                         |  |                             |                                   |
|  | Secondary Diagnosis | Other Disabilities                              | Autism Spectrum Disorder or Other Disabilities |                             |                                   |
| Wheelchair Accessible                  |                     | No  |  |                             |                                   |
| Transport Provided*                    |                     | Yes   |  |                             |                                   |
| Estimated Waiting Time for Enrolment** |                     | 1 – 3 months                                    | To Be Advised                                  | To Be Advised               | To Be Advised                     |
| Vacancy**                              |                     | Low   | Low  | No                          | Low                               |

\*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

\*\*Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

## General information of DACs that serve Physical Disability (PD) / Multiple Disabilities

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

|  |                     | NORTHEAST                                       |  | EAST                     |   |   |  |
|--|---------------------|---|--|--------------------------|---|---|--|
| Name of centre                         |                     | The Singapore Cheshire Home Day Activity Centre | SUN-DAC (Upper Thomson)  | AWWA Day Activity Centre | Bizlink Day Activity Centre                       | Cerebral Palsy Alliance Singapore (CPAS) Day Activity Centre^ | SUN-DAC (Bedok South)  |
| Applicant's disability type            | Primary Diagnosis   | Physical Disability                             | Intellectual Disability, Autism Spectrum Disorder, Physical Disability, Sensory or other Developmental condition, Visual Impairment (Case-by-case) | Physical Disability      | Multiple Disabilities                             | Physical Disability   | Intellectual Disability, Autism Spectrum Disorder, Physical Disability, Sensory or other Developmental condition, Visual Impairment (Case-by-case) |
|  | Secondary Diagnosis | Other Disabilities                              |  | Multiple Disabilities    | Intellectual Disability, Autism Spectrum Disorder | Multiple Disabilities   |  |
| Wheelchair Accessible                  |                     | Yes   |  | Yes                      |   |   |  |
| Transport Provided*                    |                     | Yes   |  | Yes                      |   |   |  |
| Estimated Waiting Time for Enrolment** |                     | 1 month   | 1 year   | 6 months                 | 1 - 2 weeks                                       | 1 - 2 years   | 2 - 3 months   |
| Vacancy**                              |                     | Low   | Low  | Yes                      | Low   | No  | Low  |

<sup>^</sup>CPAS DAC is currently unable to place applicants on the waitlist.

\*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

\*\*Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

## General information of DACs that serve Physical Disability (PD) / Multiple Disabilities

by Region

**CLICK****CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION**

|  |                     | WEST  |  | CENTRAL   |
|--|---------------------|---|--|---|
| Name of centre                         |                     | Red Cross Day Activity Centre for the Disabled        | SUN-DAC (Choa Chu Kang)  | SPD Day Activity Centre   |
| Applicant's disability type            | Primary Diagnosis   | Physical Disability (except Autism Spectrum Disorder) | Intellectual Disability, Autism Spectrum Disorder, Physical Disability<br>Sensory or other Developmental condition, Visual Impairment (Case-by-case) | Physical Disability, Intellectual Disability, Autism Spectrum Disorder, Multiple Disabilities |
|  | Secondary Diagnosis | Other Disabilities                                    |  |   |
| Wheelchair Accessible                  |                     | Yes   |  | Yes   |
| Transport Provided*                    |                     | Yes   |  | Yes   |
| Estimated Waiting Time for Enrolment** |                     | 2 months  | 2 - 3 years  | 6 months – 2 years  |
| Vacancy**                              |                     | Low   | No   | Low   |

\*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

\*\*Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.



**Additional information of Day Activity Centre (DAC)**

*by Agency*

**AWWA Day Activity Centre**

<https://www.awwa.org.sg/>

| Programme details                  |  |                        |   |
|------------------------------------|--|------------------------|---|
| <b>Programme offered</b>           | <ul style="list-style-type: none"> <li>- Training in Activities of Daily Living</li> <li>- Community Integration Activities</li> <li>- Recreational Activities</li> </ul>          | <b>Service Group</b>   | Physical Disability, Multiple Disabilities                                  |
|                                    |  | <b>Programme Hours</b> | Full-time<br>(Mon to Fri   8.30AM to 3:30PM)<br><br>Part-time (3 days/week) |
| <b>Professional staff/services</b> | <ul style="list-style-type: none"> <li>- Occupational Therapist</li> <li>- Physiotherapist</li> <li>- Speech Therapist</li> <li>- Social Worker</li> <li>- Psychologist</li> </ul> | <b>Meals</b>           | Available<br>(Halal)  |
|                                    |  | Transport details      |   |
|                                    | <ul style="list-style-type: none"> <li>- Therapy Services</li> <li>- Counselling</li> <li>- Case Management</li> <li>- Caregiver Training</li> </ul>                               | <b>Catchment areas</b> | East / North East   |
|                                    |  | <b>Type</b>            | Normal / Hydraulic  |

**Address**

5 Pasir Ris Street 22, S([518064](#))

**Contact details**

Tel: 6551 1642

[adultdisability@awwa.org.sg](mailto:adultdisability@awwa.org.sg)

**How to get there?**

By MRT: Tampines East MRT Station  
[DT33]

By Bus: 5, 6, 9, 19, 59, 89, 89A, 109, 359



## Additional information of Day Activity Centre (DAC)

by Agency

### Bishan Home for the Intellectually Disabled Day Activity Centre

[info.bishanhome.org.sg](http://info.bishanhome.org.sg)

| Programme details           |  |  |   |
|-----------------------------|--|--|---|
| Programme offered           | Activities of Daily Training (ADL)                                 | Service Group                                  |   |
|                             | Community Living Skills (CLS)                                      | Intellectual Disability, Others (case-by-case) |   |
|                             | Social Interaction and Recreation                                  | Programme Hours                                | Full-time (Mon to Fri   10AM to 4PM)<br>Part-time (case-by-case basis)  |
| Professional staff/services | - Occupational Therapist *   | Meals  | Available   |
|                             | - Psychologist*  |  | (Non-Halal, No pork/lard)   |
|                             | - Nurse*   |  |   |
|                             | - Nurse Assistant  |  |   |
|                             | - Healthcare attendant*  |  |   |
|                             | - Social Worker*   |  |   |
|                             | - Physiotherapy Aide   |  |   |
|                             | - Training officer   |  |   |
|                             | - Caregiver training   |  |   |
|                             | - Counselling Support  |  |   |
|                             | *the above professional support is shared with residential service |  |   |
|                             |  | Transport details                              |   |
|                             |  | Catchment areas                                | Bishan, Ang Mo Kio, Toa Payoh, Hougang (Ave 9, 10), Yio Chu Kang, Buangkok, MacPherson, Serangoon (certain area). |

#### Address

6 Bishan St 13, S(579798)

#### Contact details

Tel: 6353 3515

Fax: 6353 6753

[info@bishanhome.org.sg](mailto:info@bishanhome.org.sg)

#### How to get there?

By MRT: Bishan MRT Station [CC15]

By Bus: 54, 56



**Additional information of Day Activity Centre (DAC)**

by Agency

**Bizlink Day Activity Centre**

<https://www.bizlink.org.sg/>

| Programme details                  |  |                        |  |
|------------------------------------|--|------------------------|--|
| <b>Programme offered</b>           | Specialized to individual needs          | <b>Service Group</b>   | Multiple Disabilities, Intellectual Disability, Autism Spectrum Disorder   |
|                                    |  | <b>Programme Hours</b> | Full-time<br>(Mon to Fri   8AM to 5PM)<br><br>Part-time (No. of days/week, Half day)<br>Morning session: 8:30AM to 12:30PM<br>Afternoon session: 1:15PM to 5PM |
| <b>Professional staff/services</b> | - OT services<br>- Coaches<br>- Exercise | <b>Meals</b>           | Available<br>(Halal)   |
| Transport details                  |  |                        |  |
|                                    |  | <b>Catchment areas</b> | West / North East / Yishun / East areas  |
|                                    |  | <b>Type</b>            | Normal / Hydraulic*<br><i>*Hydraulic vans depending on locations</i>   |

**Address**

82 Circuit Road #01-04  
Singapore S([370082](https://www.bizlink.org.sg/))

**Contact details**

Tel: 6449 5652

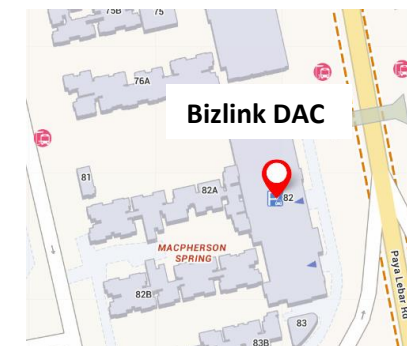
Fax: 6449 5694

[DAC@bizlink.org.sg](mailto:DAC@bizlink.org.sg)

**How to get there?**

By MRT: Macpherson MRT Station [CC10]

By Bus: 24, 28, 43, 70, 76, 80, 135, 154



## Additional information of Day Activity Centre (DAC)

### Blue Cross Thong Kheng ASD Day Activity Centre

[www.thongkheng.org.sg](http://www.thongkheng.org.sg)

#### Programme details

|                          |   |  |
|--------------------------|---|--|
| <b>Programme offered</b> | <i>Please approach centre directly for more information</i> | <b>Service Group</b><br>Autism Spectrum Disorder,<br>Intellectual Disability cum Autism Spectrum Disorder,<br>Multiple Disabilities (case-by-case) |
|--------------------------|---|--|

|                        |  |
|------------------------|--|
| <b>Programme Hours</b> | Full-time<br>(Mon to Fri   9AM to 3PM) |
|------------------------|--|

|                                    |  |
|------------------------------------|--|
| <b>Professional staff/services</b> | <ul style="list-style-type: none"> <li>- Occupational Therapist (in-house &amp; outsourced)</li> <li>- Psychologist</li> <li>- Social Worker</li> <li>- Counselling Support</li> <li>- Parent Support Group</li> <li>- Maintenance Therapy</li> <li>- Active Therapy</li> <li>- Art Therapy</li> <li>- Music Therapy</li> <li>- Sports Therapy</li> <li>- Activity of Daily Living Support</li> <li>- Community Living Skills Support</li> <li>- Play Therapy</li> </ul> |
|------------------------------------|--|

|              |                      |
|--------------|----------------------|
| <b>Meals</b> | Available<br>(Halal) |
|--------------|----------------------|

#### Transport details

|                        |   |
|------------------------|---|
| <b>Catchment areas</b> | <p><b>East</b> (Pasir Ris)</p> <p><b>North</b> (Ang Mo Kio, Yio Chu Kang, Yishun, Sembawang, Woodlands, Sengkang, Upper Thomson)</p> <p><b>West</b> (Boon Lay, Jurong, Bukit Batok, Choa Chu Kang, Bukit Panjang)</p> |
|------------------------|---|

#### Address

600 Upper Thomson Rd, Blk C #03-21  
Upper Thomson Community Hub  
S([574421](http://www.thongkheng.org.sg))

#### Contact details

Tel: 6265 2878  
Fax: 6265 2806  
reception\_asd@thongkheng.org.sg

#### How to get there?

By MRT: Mayflower MRT Station [TE6]  
By Bus: 163, 167, 169, 855, 980



## Additional information of Day Activity Centre (DAC)

### Blue Cross Thong Kheng Home Day Care Services

[www.thongkheng.org.sg](http://www.thongkheng.org.sg)

| Programme details                  |   |                        |   |
|------------------------------------|---|------------------------|---|
| <b>Programme offered</b>           | <i>Please approach centre directly for more information</i>   | <b>Service Group</b>   | Intellectual Disability,<br>Other Disabilities (case-by-case)   |
|                                    |   | <b>Programme Hours</b> | Full-time (Mon to Fri   9AM to 3PM)<br>Part-time (Not available)  |
| <b>Professional staff/services</b> | <ul style="list-style-type: none"> <li>- Occupational Therapist (outsourced)</li> <li>- Physiotherapist (outsourced)</li> <li>- Psychologist</li> <li>- Social Work</li> <li>- Active Therapy</li> <li>- Counselling Support</li> <li>- Art Therapy</li> <li>- Activity of Daily Living Support</li> <li>- Community Living Skills Support</li> <li>- Parent Support Group</li> </ul> | <b>Meals</b>           | Available<br>(Halal/ Non-Halal)   |
| <b>Transport details</b>           |   |                        |   |
|                                    |   | <b>Catchment areas</b> | West and Central (based on transport availability), Transport covers up to Jalan Bukit Merah, Jalan Membina, Dawson, Ghim Moh, Clementi, West Coast, Pandan Gardens, Teban Gardens, Jalan Rumah Tinggi, Jalan Bukit Ho Swee, Commonwealth, Bukit Batok, Choa Chu Kang, Teck Whye, Bukit Panjang, Jurong East, Jurong West, Boon Lay |

#### Address

201 Jurong East Ave 1, S(609791)

#### Contact details

Tel: 6560 2022

Fax: 6560 2797

[enquiry@thongkheng.org.sg](mailto:enquiry@thongkheng.org.sg)

#### How to get there?

By MRT: Chinese Garden MRT Station [EW25]

By Bus: 98, 99, 157, 185, 187, 198



## Additional information of Day Activity Centre (DAC)

### Cerebral Palsy Alliance Singapore (CPAS) Day Activity Centre^

^CPAS DAC is currently unable to place applicants on the waitlist.

<http://cpas.org.sg/>

| Programme details           |   |  |   |
|-----------------------------|---|--|---|
| Programme offered           | <ul style="list-style-type: none"><li>- Adaptive Daily Living Skills</li><li>- Social Skills</li><li>- Life Skills, e.g. cooking</li><li>- Language Themes</li><li>- Gross Motor Skills</li><li>- Art &amp; Craft</li><li>- Music &amp; Movement</li><li>- Sensory Stimulation</li></ul>  | Service Group                              |   |
|                             |   | Physical Disability, Multiple Disabilities |   |
| Professional staff/services | <ul style="list-style-type: none"><li>- Physiotherapist</li><li>- Occupational Therapist</li><li>- Health Care Attendants</li><li>- Social Worker</li><li>- Music and Movement Instructor</li><li>- Psychosocial assessment and linkages to resources<ul style="list-style-type: none"><li>a) Information and referral</li><li>b) Financial assistance</li><li>c) Casework and counselling</li><li>d) Parent/caregivers support</li><li>e) Link with external resources</li></ul></li></ul> <p>Accept client on tube feeding but will require assistance from caregiver</p> | Programme Hours                            | Full-time<br>(Mon to Fri   9AM to 3:30PM)         |
|                             |   | Meals                                      | Available<br>(Non-Halal - no pork/ lard and nuts) |
| Transport details           |   |  |   |
| Professional staff/services |   | Catchment areas                            | Island-wide                                       |
|                             |   | Type                                       | Normal / Hydraulic                                |

#### Address

65 Pasir Ris Drive 1 Cerebral Palsy Centre S([519529](tel:519529))

#### Contact details

Tel: 6585 5643

Fax: 6581 1455

[hqadmin@cpas.org.sg](mailto:hqadmin@cpas.org.sg)

#### How to get there?

By MRT: Pasir Ris MRT Station [EW1]

By Bus: 39, 53, 81, 89, 109, 518



# Additional information of Day Activity Centre (DAC)

by Agency

## Christian Outreach to the Handicapped Emmanuel Activity Centre

**Service Group** Intellectual Disability,  
Autism Spectrum Disorder,  
Others (case-by-case)

[www.coh.org.sg](http://www.coh.org.sg)

### Programme details

#### Programme offered

Activities to reinforce and train on community living skills, activities of daily living, sports, arts, music, cooking, gardening, etc.

#### Professional staff/services

- Physiotherapist
- Social Worker
- Trainer/ Assistant Trainer
- Caregiver Training (Ad-hoc)
- Support Group (Ad-hoc)
- Active and Maintenance Therapy
- Counselling Support

#### Programme

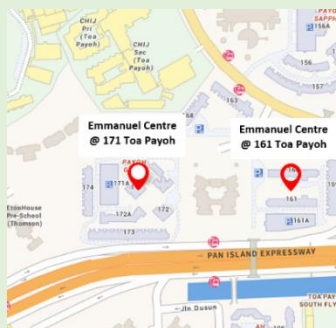
Full-time  
(Mon to Fri | 930AM to 4PM)  
Part-time (Available)

#### Meals

Available (Non-Halal)

### @ Toa Payoh

Blk 171 Toa Payoh Lorong 1, #01-1146,  
S([310171](http://www.coh.org.sg))  
Blk 161 Toa Payoh Lorong 1 #01- 1596  
S([310161](http://www.coh.org.sg)) – for Autism Spectrum Disorder



By MRT: Toa Payoh MRT Station [NS19]  
By Bus: 5, 56, 57, 105, 129, 139, 143, 145,  
151, 153, 154, 506, 966, 985

### Transport details

#### Catchment areas

Central (Non-CBD) / North (Ang Mo  
Kio, Hougang, Boon Keng etc)

#### Type

Normal / Hydraulic  
(subject to availability)

#### Contact details

Tel: 6253 5116  
Fax: 6253 5006  
[admin@coh.org.sg](mailto:admin@coh.org.sg)

### @ Tampines

Blk 414 Tampines St 41,  
#01-311, S([520414](http://www.coh.org.sg))



By MRT: Tampines MRT  
Station [DT32]  
By Bus: 28, 29, 293

### Transport details

#### Catchment areas

East / North East  
(depending on transport availability) -  
covers up to Punggol, Pasir Ris,  
Geylang

#### Type

Normal / Hydraulic (subject to  
availability)

#### Contact details

Tel: 6787 3200  
Fax: 6787 6990  
[admin@coh.org.sg](mailto:admin@coh.org.sg)



# Additional information of Day Activity Centre (DAC)

by Agency

## Eden Centre for Adults

## Service Group

Autism Spectrum Disorder

[www.autismlinks.org.sg](http://www.autismlinks.org.sg)

## Programme details

### Programme offered

Personal Health & Fitness Skills, Daily Living Skills, Vocational Work Skills, Social Interaction Skills, Community Living Skills, Leisure & Recreation Skills

### Professional staff/services

- Social Worker
- Social Service Assistance
- Training Officer
- Caregiver training
- Counselling Support (ad hoc)

### Programme Hours

Full-time (Mon to Fri | 10AM to 4PM)

Part-time (1-2 days/week, Half day)

Morning session: 10AM to 1PM

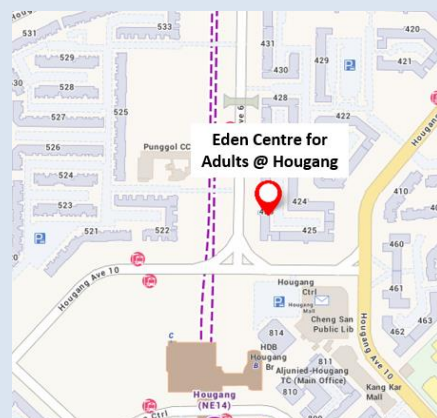
Afternoon session: 1PM to 4PM

### Meals

Not Available

## @ Hougang

Blk 426 Hougang Avenue 6,  
#01-53, S([530426](https://www.google.com/maps/place/426+Hougang+Avenue+6,+Singapore/@1.3751111,103.7455556,15z))



By MRT: Hougang MRT Station  
[NE14]

By Bus: 27, 62, 113, 161

## Transport details

### Catchment areas

Caregivers to make private arrangements directly with external transport operator.

### Contact details

Tel: 6774 6649

Fax: 6287 2774

[autism@singnet.com.sg](mailto:autism@singnet.com.sg)

## @ Clementi

Blk 351 Clementi Avenue 2,  
#01-57, S([120351](https://www.google.com/maps/place/351+Clementi+Avenue+2,+Singapore/@1.3151111,103.7655556,15z))



By MRT: Clementi MRT  
Station [EW23]

By Bus: 52, 74, 151, 154,  
165

## Transport details

### Catchment areas

Caregivers to make private arrangements directly with external transport operator.

### Contact details

Tel: 6774 6649

Fax: 6873 0057

[autism@singnet.com.sg](mailto:autism@singnet.com.sg)



## Additional information of Day Activity Centre (DAC)

by Agency

### Metta Day Activity Centre

#### Service Group

Intellectual Disability (Mild – Moderate),  
Autism Spectrum Disorder (Mild – Moderate)

<https://www.metta.org.sg/hq/>

#### Programme details

##### Programme offered

Reading, writing, storytelling, drawing, colouring, art and craft, flower marking, quilling, cepe paper art, dancing, karaoke singing, table top cognitive puzzles and games, walking at the stadium, neighbourhood walk, morning exercises, HUR fitness machine training, basketball, floorball, boccee, Special Olympics participation

##### Professional staff/services

- Occupational Therapist (Woodlands)  
- Physiotherapist (Woodlands)  
- Social Worker / Social Work Associate

##### Programme Hours

Full-time (Mon to Fri)  
Woodlands: 9AM to 4:30PM  
Hougang: 9AM to 4:30PM

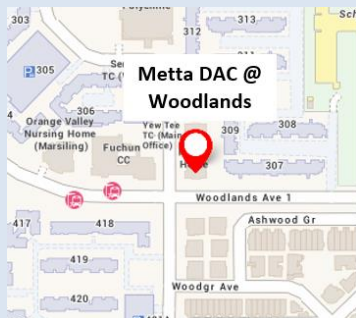
Part-time (Not Available)

##### Meals

Available  
(Vegetarian Only)

#### @ Woodlands

2 Woodlands St 31,  
S(738580)



By MRT: Marsiling MRT Station [NS8]  
By Bus: 912M, 913M

#### Transport details

##### Catchment areas

Woodlands / Yishun/Serangoon

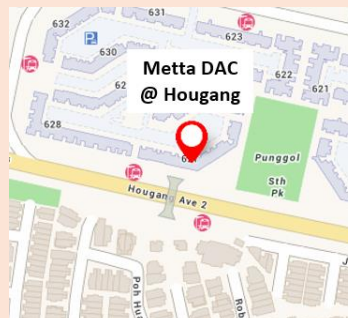
Type  
Normal

##### Contact details

Tel: 6365 7666  
Fax: 6365 7555  
[hidac@metta.org.sg](mailto:hidac@metta.org.sg)

#### @ Hougang

Blk 627 Hougang Ave 8,  
#01-130, S(530627)



By MRT: Kovan MRT Station [NE13]  
By Bus: 25, 55, 112, 132, 854

#### Transport details

##### Catchment areas

Sengkang /Punggol/Hougang /Potong  
Pasir/Toa Payoh /Ang Mo Kio and  
Serangoon Ave.

##### Contact details

Tel: 6385 2913  
Fax: 6385 2914  
[hidac@metta.org.sg](mailto:hidac@metta.org.sg)

# Additional information of Day Activity Centre (DAC)

## MINDS Community Hub

### Service Group

Intellectual Disability,  
Autism Spectrum Disorder,  
Other Disabilities  
(case-by-case)

[www.minds.org.sg](http://www.minds.org.sg)

### Programme details

#### Programme offered

Daily Living Skills Activities, Social Skills, Home Living Skills  
Cognitive skills activities with Literacy & Numeracy where applicable, Horticulture – Gardening, Art & Craft, Community Mobility & Engagement, Health Fitness Wellness Programme

#### Professional staff/services

- Speech Therapist
- Occupational Therapist
- Physiotherapist
- Social Worker
- Maintenance Therapy
- Active Therapy
- Caregiver Training

#### Programme Hours

Full-time (Mon to Fri | 9AM to 4:30PM)  
Part-time (2-3 days/week)

#### Meals

Available  
(No pork/ lard)

### @ Yishun

Blk 652 Yishun Ave 4  
#01-507 S([760652](http://www.minds.org.sg))



By MRT: Yishun MRT Station [NS13]  
By Bus: 805, 812, 103, 663

### Transport details

#### Catchment areas

Northern regions such as Yishun, Sembawang, Marsiling, Woodlands, Admiralty, Khatib, Wellington, Canberra

#### Contact details

Tel: 6257 1165  
Fax: 6257 1167  
[ytdc@minds.org.sg](mailto:ytdc@minds.org.sg)

### @ Kebun Bahru

Blk 134 Ang Mo Kio Ave 3  
#01-1677 S([560134](http://www.minds.org.sg))



By MRT: Mayflower MRT Station [TE6]  
By Bus: 76, 132, 165, 166, 169, 265, 268, 269, 652

### Transport details

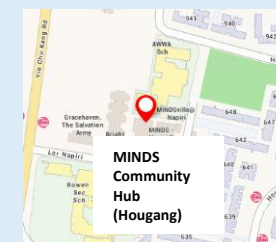
**Catchment areas**  
North / North-West / Central regions

#### Contact details

Tel: 6456 4174  
Fax: 6453 2824  
[atdc@minds.org.sg](mailto:atdc@minds.org.sg)

### @ Hougang

No 7 Lorong Napiri  
S([547533](http://www.minds.org.sg))



By MRT: Kovan MRT Station [NE13]  
By Bus: 43, 70, 73, 103, 109, 156, 854

### Transport details

**Catchment areas**  
Northeast / Central regions such as Hougang, Sengkang, Punggol, Serangoon, Ang Mo Kio

#### Contact details

Tel: 6387 7662  
Fax: 6387 3357  
[ntdc@minds.org.sg](mailto:ntdc@minds.org.sg)

**Additional information of Day Activity Centre (DAC)**

*by Agency*

**@ Geylang Serai**

11 Jalan Ubi Block 3, #01-21 ,  
S([409074](#))  
Kembangan - Chai Chee  
Community Hub

By MRT: Eunos MRT Station  
[EW7]

By Bus: 7, 26, 28, 30



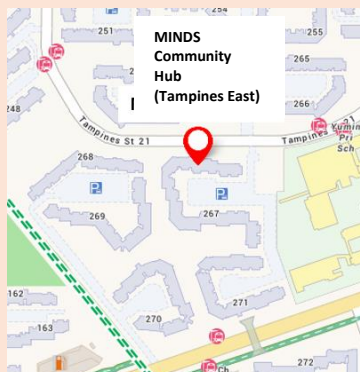
**Transport details**

**Catchment areas**  
Bugis, Beach Road,  
Lavender, Aljunied,  
Kallang,  
Macpherson,  
Aljunied, Geylang,  
Eunos, Marine  
Parade, Serangoon  
Road, Bedok South

**Contact details**  
Tel: 6547 8501  
Fax: 6547 8509  
[etdc@minds.org.sg](mailto:etdc@minds.org.sg)

**@ Tampines East**

Blk 267 Tampines Street 21,  
#01-09, S([520267](#))



By MRT: Tampines MRT  
Station [EW2]  
By Bus: 3, 3A

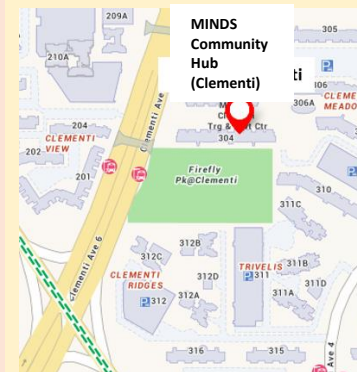
**Transport details**

**Catchment areas**  
Tampines, Simei,  
Pasir Ris, Bedok  
North, Chai Chee

**Contact details**  
Tel: 6260 5886  
Fax: 6260 5686  
[ttdc@minds.org.sg](mailto:ttdc@minds.org.sg)

**@ Clementi**

Blk 304 Clementi Avenue 4,  
#01-487, S([120304](#))



By MRT: Clementi MRT  
Station [EW23]  
By Bus: 185, 189

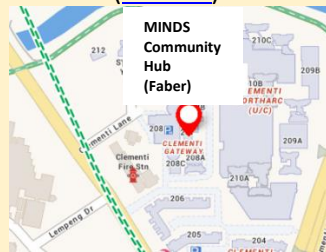
**Transport details**

**Catchment areas**  
Clementi /  
Southern regions

**Contact details**  
Tel: 6776 8743  
Fax: 6776 8741  
[ctdc@minds.org.sg](mailto:ctdc@minds.org.sg)

**@ Faber**

Blk 207 Clementi Avenue 6  
#02-01 S([120207](#))



By MRT: Clementi MRT Station [EW23]  
By Bus: 52, 99, 105, 106, 173, 183, 188, 963

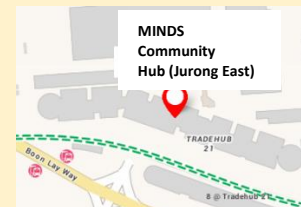
**Transport details**

**Catchment areas**  
Clementi / Southern regions

**Contact details**  
Tel: 6873 1564  
Fax: 6873 1565  
[ftdc@minds.org.sg](mailto:ftdc@minds.org.sg)

**@ Jurong East**

18 Boon Lay Way,  
#02-96 to 100 Tradehub@21 S([609966](#))



By MRT: Jurong East MRT Station  
[EW24/ NS1]  
By Bus: 52, 99, 105, 105B, 188

**Transport details**

**Catchment areas**  
Western regions such as Bukit  
Panjang, Choa Chu Kang, Bukit  
Gombak, Bukit Batok, Jurong East,  
Toh Guan, Boon Lay, Jurong West

**Contact details**  
Tel: 6252 5226  
Fax: 6252 6652  
[jtdc@minds.org.sg](mailto:jtdc@minds.org.sg)

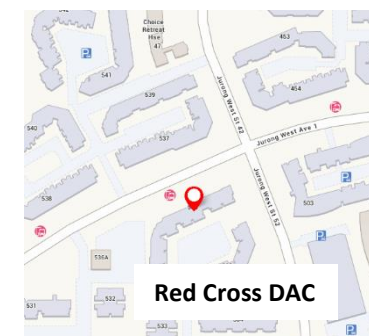
## Additional information of Day Activity Centre (DAC)

by Agency

## Red Cross Day Activity Centre for the Disabled

<https://www.redcross.sg/>

| Programme details                  |   |  |
|------------------------------------|---|--|
| <b>Programme offered</b>           | <ul style="list-style-type: none"> <li>- Arts and crafts</li> <li>- Games</li> <li>- Meals preparation</li> <li>- Leisure activities</li> </ul>   | <b>Service Group</b><br>Physical Disability (Except Autism Spectrum Disorder),<br>Other Disabilities (case-by-case)  |
|                                    |   | <b>Programme Hours</b><br>Full-time (Mon to Fri   9AM to 5PM)<br>Part-time (2-3 days/week, Half day)<br>Morning session: 8:30AM to 12:30PM<br>Afternoon session: 12:30PM to 4:30PM |
| <b>Professional staff/services</b> | <ul style="list-style-type: none"> <li>- Occupational Therapist</li> <li>- Social Worker</li> <li>- Therapy Aide</li> <li>- Maintenance Therapy</li> <li>- Active Therapy</li> <li>- Tube/ NG tube / tube to stomach / BIPAP / dialysis may be considered</li> <li>- Counselling Support</li> </ul> | <b>Meals</b><br>Available (Halal)  |
| Transport details                  |   |  |
|                                    | <b>Catchment areas</b>  | Jurong, Clementi, Choa Chu Kang, Buona Vista, Dover, Bukit Panjang, Bukit Batok, Bukit Gombak  |
|                                    | <b>Type</b>   | Wheelchair-friendly  |

**Address**
 Blk 536, Jurong West St 52,  
 #01-497 S([640536](https://www.redcross.sg/))
**Contact details**
 Tel: 62624062  
[dac@redcross.sg](mailto:dac@redcross.sg)
**How to get there?**
 By MRT: Lakeside MRT Station [EW26]  
 By Bus: 99, 157, 185, 198, 502


Red Cross DAC

## Additional information of Day Activity Centre (DAC)

### SPD Day Activity Centre

[www.spd.org.sg](http://www.spd.org.sg)

#### Programme details

**Programme offered**

- Art and craft
- Daily living activities
- Gardening
- Numeracy and other pre-vocational motor and cognitive skills
- Simple meal preparation
- Simple sports and exercises
- Lessons on social and communication skills

#### Service Group

Physical Disability, Intellectual Disability, Autism Spectrum Disorder, Multiple Disabilities

**Programme Hours** Full-time (Mon to Fri | 9AM to 5PM)  
Part-time (2-4 days/week)

**Professional staff/services**

- Occupational Therapist
- Physiotherapist (case-by-case)
- Psychologist (case-by-case)
- Social Worker
- Programme Executive
- Case Management
- Maintenance Therapy
- Caregiver Training
- Counselling Support

**Meals** Available (Halal, with vegetarian options available)

#### Transport details

**Catchment areas** Island wide

**Type** Hydraulic

#### Address

2 Peng Nguan Street,  
SPD Ability Centre, S(168955)

#### Contact person

Tel: 6579 0763

Fax: 6323 7008

[information@spd.org.sg](mailto:information@spd.org.sg)

#### How to get there?

By MRT: Tiong Bahru MRT Station [EW17]

By Bus: 121





## Additional information of Day Activity Centre (DAC)

### St Andrew's Autism Centre Day Activity Centre

#### Service Group

Autism Spectrum Disorder,  
Multiple Disabilities  
(Case-by-case)

[www.saac.org.sg](http://www.saac.org.sg)

#### Programme details

##### Programme offered

Daily Living Skills, Community Living Skills, Community Mobility, Horticulture, Laundry, Home Science (preparation of simple meals and snacks), Physical Exercises, Functional Numeracy, Functional Literacy, Social and Communication Skills, Arts

##### Professional staff/services

- Speech Therapist
- Occupational Therapist
- Psychologist
- Social Worker
- Counselling Support
- Parent Support Group

##### Programme Hours

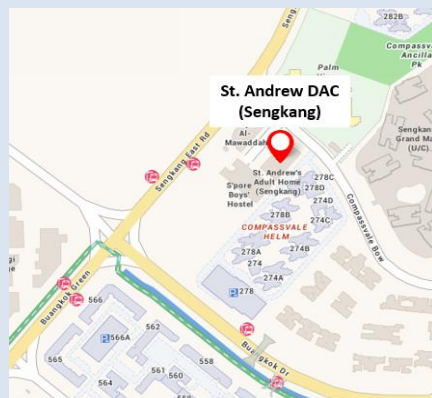
Full-time  
(Mon to Fri | 9AM to 3PM)  
Part-time (case-by-case basis)

##### Meals

Not Available

#### @ Sengkang

147 Compassvale Bow, S([544691](http://www.singapore.gov.sg/454691))



By MRT: Buangkok MRT Station [NE15]

By Bus: 109, 156, 159, 161

#### Transport details

##### Catchment areas

Island-wide  
Priority to applicants staying in the  
North and North-East

##### Contact details

Tel: 6231 0200

Fax: 6231 0201

[enquiry\\_saah@saac.org.sg](mailto:enquiry_saah@saac.org.sg)

#### @ Siglap

1 Elliot Road, S([458686](http://www.singapore.gov.sg/458686))



By MRT: Siglap MRT  
Station [TE28]

By Bus: 31, 43, 47, 48,  
55, 155, 196, 197

#### Transport details

##### Catchment areas

Island-wide  
Priority to applicants staying in the East

##### Contact details

Tel: 6517 3839

Fax: 6517 3801

[admissions@saac.org.sg](mailto:admissions@saac.org.sg)

# Additional information of Day Activity Centre (DAC)

by Agency

## SUN-DAC

**Service Group** Intellectual Disability, Autism Spectrum Disorder, Physical Disability, Sensory or other Developmental condition, Visual Impairment (Case-by-case)

[www.sundac.org](http://www.sundac.org)

### Programme details

#### Programme offered

Daily Living Skills, Community Living Skills, Art & Craft, Gardening, Physical Exercise, Music & Dance, Pre-vocational training

#### Professional staff/services

- Occupational Therapist
- Physiotherapist
- Speech Therapist
- Psychologist
- Case Manager
- Counselling Support
- Caregiver Training

#### Programme Hours

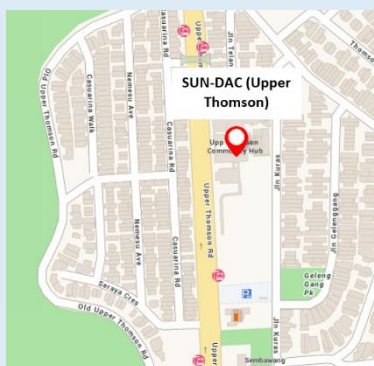
Full-time (Mon to Fri | 9AM to 3:30PM)  
9AM to 3PM (For SUN-DAC Upper Thomson)  
Part-time (2-3 days/week, Half day)  
Morning session: 9AM to 12PM

#### Meals

Available  
(Halal)

### @ Upper Thomson

600 Upper Thomson Road, Blk C, #01-21 S([574421](https://www.sundac.org))



By MRT: Mayflower MRT Station [TE6]  
By Bus: 163, 167, 169, 652, 855, 980

### Transport details

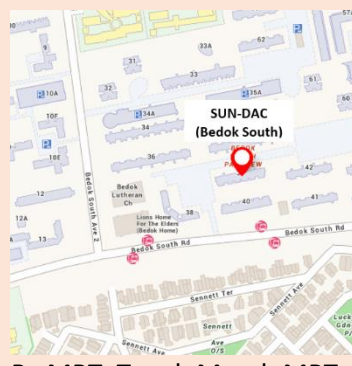
**Catchment areas**  
North area (Yishun, Ang Mo Kio etc), Hougang, Toa Payoh, Bishan, Braddell, Sengkang, Punggol

#### Contact details

Tel: 6265 9428  
Fax: 6265 2156  
<https://www.sundac.org/contact-us/>

### @ Bedok South

Blk 39 Bedok South, #01-719, S([460039](https://www.sundac.org))



By MRT: Tanah Merah MRT Station [EW4]  
By Bus: 12, 38, 47, 229

### Transport details

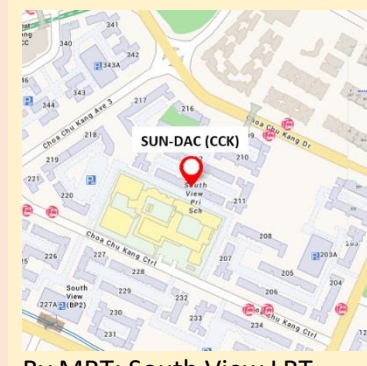
**Catchment areas**  
East Area (Pasis Ris, Bedok, Tampines etc)

#### Contact details

Tel: 6442 6395  
<https://www.sundac.org/contact-us/>

### @ Choa Chu Kang

Blk 213 Choa Chu Kang Central, #01-110, S([680213](https://www.sundac.org))



By MRT: South View LRT Station [BP2]  
By Bus: 307, 172, 190, 975, 985, 991

### Transport details

**Catchment areas**  
West (covers up to Bukit Batok, Bukit Panjang, Choa Chu Kang, Yew Tee, Marsiling, Woodlands, Jurong East and Jurong West)

#### Contact details

Tel: 6763 6234  
Fax: 6763 1784  
<https://www.sundac.org/contact-us/>

# Additional information of Day Activity Centre (DAC)

## The Singapore Cheshire Home Day Care Centre

[www.cheshirehome.org.sg](http://www.cheshirehome.org.sg)

| Programme details           |   |  |   |
|-----------------------------|---|--|---|
| Programme offered           | <ul style="list-style-type: none"><li>- Handicraft</li><li>- Music, Art &amp; Entertainment</li><li>- Games (e.g. carron, mahjong, boccia)</li><li>- Karaoke</li><li>- Movie Viewing</li><li>- Hydrotherapy</li></ul>   | Service Group  |   |
|                             |   | Physical Disability, Other Disabilities (Case by case) |   |
|                             |   | Programme  | Full-time (Mon to Fri   9AM to 4PM)   |
|                             |   | Hours  | Part-time (case-by-case basis, Half day)<br>Morning session: 9AM to 11:30AM |
| Professional staff/services | <ul style="list-style-type: none"><li>- Occupational Therapist</li><li>- Physiotherapist</li><li>- Social Worker</li><li>- Speech Therapist (part-time)</li><li>- Dietician (part-time)</li><li>- Maintenance and Active Therapy</li><li>- Tube Feeding / Wound Dressing,</li><li>- Caregiver Training</li><li>- Counselling Support, Music and Art Therapy (adhoc)</li></ul> | Meals  | Available<br>(Non-Halal, No pork/lard)                                      |
|                             |   | Transport details                                      |   |
|                             |   | Catchment areas  | Ang Mo Kio, Serangoon, Hougang, Sengkang, Yishun, Toa Payoh                 |
|                             |   | Type   | Hydraulic   |

### Address

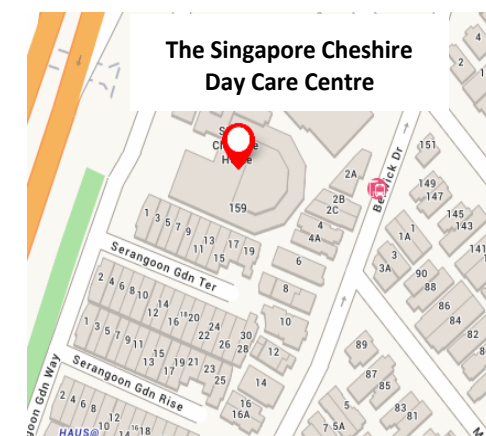
159 Serangoon Garden Way,  
S(556056)

### Contact details

Tel: 6284 0966  
Fax: 6284 2782  
[enquiries@cheshirehome.org.sg](mailto:enquiries@cheshirehome.org.sg)

### How to get there?

By MRT: Ang Mo Kio MRT Station [NS16]  
By Bus: 317





Additional information of Day Activity Centre (DAC)

by Agency

THK Autism Centre @ Geylang Bahru

[www.thkmc.org.sg](http://www.thkmc.org.sg)

Programme details

Programme offered

- Social skills training
- Daily living skills training
- Community walk
- Meal preparation
- Literacy & numeracy
- Sports
- Arts
- Sensory activities

Service Group

Autism Spectrum Disorder,  
Autism Spectrum Disorder cum Intellectual Disability

Programme Type

Full-time (Mon to Fri | 9AM to 4PM)  
Part-time (3 days or less/week)

Address

Blk 72 Geylang Bahru  
#01-3018 & #01-3032, S([330072](https://www.google.com/maps/place/330072))

Contact details

Tel: 6906 7106  
Fax: 6906 7110  
[autismcentre@thkmc.org.sg](mailto:autismcentre@thkmc.org.sg)

Professional staff/services

- Occupational Therapist
- Psychologist
- Social Worker
- Sensory Stimulation Room

Meals

Available  
(Normal, Halal, Vegetarian)

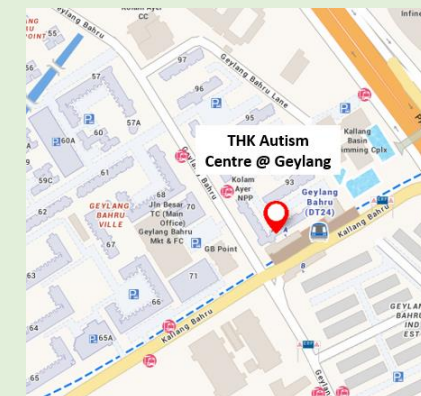
How to get there?

By MRT: Geylang Bahru MRT Station [DT24]  
By Bus: 26, 61, 107, 140, 853

Transport details

Catchment areas

Island-wide



**Additional information of Day Activity Centre (DAC)**

by Agency

**THK Day Activity Centre @ Geylang Bahru**

[www.thkmc.org.sg](http://www.thkmc.org.sg)

**Programme details**

|                                    |   |  |
|------------------------------------|---|--|
| <b>Programme offered</b>           | <ul style="list-style-type: none"> <li>- Social skills training</li> <li>- Daily living skills training</li> <li>- Community walk</li> <li>- Meal preparation</li> <li>- Literacy &amp; numeracy</li> <li>- Sports</li> <li>- Arts</li> <li>- Sensory activities</li> </ul> | <b>Service Group</b><br>Intellectual Disability, Autism Spectrum Disorder (case-by case)         |
| <b>Professional staff/services</b> | <ul style="list-style-type: none"> <li>- Occupational Therapist</li> <li>- Psychologist</li> <li>- Social Worker</li> <li>- Counselling Support</li> </ul>  | <b>Programme Hours</b><br>Full-time (Mon to Fri   9AM to 4PM)<br>Part-time (3 days or less/week) |
|                                    |   | <b>Meals</b><br>Available<br>(Normal/ Halal/ Vegetarian)   |
|                                    |   | <b>Transport details</b><br><b>Catchment areas</b><br>Island-wide                                |

**Address**

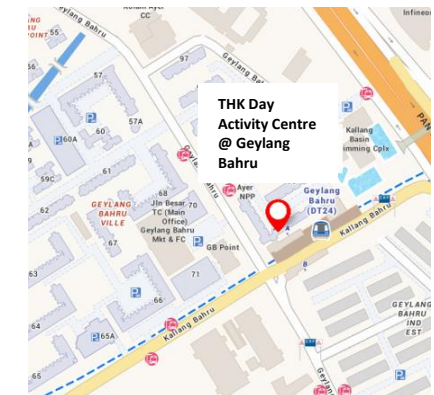
Blk 72 Geylang Bahru  
 #01-3018 & #01-3032,  
 S([330072](#))

**Contact details**

Tel: 6906 7106  
 Fax: 6906 7110  
[autismcentre@thkmc.org.sg](mailto:autismcentre@thkmc.org.sg)

**How to get there?**

By MRT: Geylang Bahru MRT Station [DT24]  
 By Bus: 26, 61, 107, 140, 853



*\*THK Day Activity Centre @ Chai Chee has been renamed to THK Day Activity Centre @ Geylang Bahru from 1 April 2025*

## Additional information of Day Activity Centre (DAC)

by Agency

### TOUCH Centre for Independent Living

**Service Group** Intellectual Disability (Mild - Moderate),  
Hearing Impairment (Bukit Merah)

<https://www.touch.org.sg/>

#### Programme details

##### Programme offered

Competency skills training- daily living skills, personal social skills, community skills, enrichment programmes - visual art programme, music, exercise & social recreational activities

##### Professional staff/services

- Social Worker
- Lifeskills Coaches
- Caregiver Support

##### Programme Hours

Full-time  
(Mon to Fri | 9AM to 4:30PM)

##### Other Requirements

Applicants are required to be ADL Independent (Toileting and Feeding)

##### Meals

Not Available

ADL (Activities of Daily Living), CLS (Community Living Skills), Social and Recreation, Job Preparation and Employment Services for selected trainees

#### @ Bukit Merah

Blk 162 Bukit Merah Central, #05-3555,  
S([150162](https://www.touch.org.sg/))



By MRT: Redhill MRT Station [EW18]  
By Bus: 14, 16M, 147, 196, 197, 855, 961, 961M

#### Transport details

##### Catchment areas

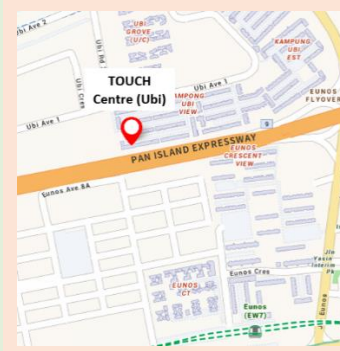
Preferably able to take public transport.  
Currently transport is only available in selected west region only

##### Contact details

Tel: 6251 4535  
[tcs.tcilbm@touch.org.sg](mailto:tcs.tcilbm@touch.org.sg)

#### @ Ubi

Blk 352 Ubi Ave 1, #01-989,  
S([400352](https://www.touch.org.sg/))



By MRT: Ubi MRT Station [DT27]  
By Bus: 63, 137

#### Transport details

##### Catchment areas

Preferably able to take public transport.  
Island-wide, preferably from the east or central region

##### Contact details

Tel: 6741 6364  
[tcs.tcilubi@touch.org.sg](mailto:tcs.tcilubi@touch.org.sg)