

Referral process for Day Activity Centre (DAC)

1. Touch Points (TPs)

Social Service Office (SSO), Family Service Centres (FSCs), hospitals and etc

- Touch Point assesses applicant for suitability for referral to DACs
- Touch Point submit DAC application to SGE

2. SG Enable (SGE)

Provision of Information and Referral Services

- SGE Case Officer receives the application
- SGE Case Officer contacts family to provide information that will help family make an informed decision
- Family decide on a DAC
- SGE Case Officer refers applicant to the DAC of family's choice

3. Service Providers (SPs)

Day Activity Centres (DAC) by Social Service Agencies (SSAs)

- DAC will contact family to schedule for assessment

For successful application

- DAC will follow-up with family on admission procedures

For unsuccessful application

- Family will be notified by DAC
- SGE Case Officer will refer applicant to other DACs / explore alternatives

Some key factors when selecting a DAC

Applicant's Disability Type



- Choose a DAC that caters to the applicant's disability type

Location of centre



Find a DAC that is near to the applicant's residence

Transport services



If transport is required, ensure that the chosen DAC provides transport

Overview of the guide

***Click on the page number directly
to access more information**

General information by region

DACs that serves applicants with Autism Spectrum Disorder (ASD)	3
DACs that serves applicants with Intellectual Disability (ID)	4 to 6
DACs that serve applicants with Physical Disability (PD) / Multiple Disabilities	7 to 8

Additional information by agency

AWWA Day Activity Centre	9	Metta Home Day Activity Centre @ Woodlands	17	SUN-DAC (Choa Chu Kang)	22
Bishan Home Day Activity Centre	10	MINDS Community Hub (Hougang)	18	SUN-DAC (Upper Thomson)	22
Bizlink Day Activity Centre	11	MINDS Community Hub (Clementi)	19	The Singapore Cheshire Home – Day Care Centre	23
Blue Cross Thong Kheng ASD DAC	12	MINDS Community Hub (Geylang Serai)	19	TOUCH Centre for Independent Living (Bukit Merah)	24
THK Day Activity Centre @ Jurong East	13	MINDS Community Hub (Faber)	19	TOUCH Centre for Independent Living (Ubi)	24
Cerebral Palsy Alliance Singapore (CPAS) Day Activity Centre	14	MINDS Community Hub (Jurong East)	19		
Christian Outreach to the Handicapped Emmanuel Activity Centre @ Tampines	15	MINDS Community Hub (Tampines East)	19		
Christian Outreach to the Handicapped Emmanuel Activity Centre @ Toa Payoh	15	Red Cross Home for the Disabled - Day Activity Centre	20		
Eden Centre for Adults (Clementi)	16	St. Andrew's Adult Autism Services - Day Activity Centre (Sengkang)	21		
Eden Centre for Adults (Hougang)	16	St. Andrew's Adult Autism Services - Day Activity Centre (Siglap)	21		
Metta Day Activity Centre for the Intellectually Disabled @ Hougang	17	SUN-DAC (Bedok South)	22		

General information of DACs that serve Autism Spectrum Disorder (ASD)

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		NORTHEAST			EAST	WEST		
Name of centre		Blue Cross Thong Kheng ASD Day Activity Centre	Eden Centre for Adults (Hougang)	St Andrew's Autism Centre Day Activity Centre (Sengkang)	St Andrew's Autism Centre Day Activity Centre (Siglap)	Eden Centre for Adults (Clementi)		
Applicant's Disability type	Primary Diagnosis	Autism Spectrum Disorder, Intellectual Disability cum Autism Spectrum Disorder	Autism Spectrum Disorder	Autism Spectrum Disorder	Autism Spectrum Disorder	Autism Spectrum Disorder		
	Secondary Diagnosis	Multiple Disabilities						
Wheelchair Accessible		No		No		No		
Transport Provided*		Yes		Yes		Yes		
Estimated Waiting Time for Enrolment**		3 – 6 months	2 years	Over 2.5 years	Over 1.5 years	5 years		
Vacancy**		Yes	No	No	Low	No		

*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

**Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

General information of DACs that serve Intellectual Disability (ID)

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		NORTHEAST		CENTRAL		
Name of centre		Metta Day Activity Centre for the Intellectually Disabled (Hougang)	MINDS Community Hub (Hougang)	Bishan Home for the Intellectually Disabled Day Activity Centre	Christian Outreach to the Handicapped Emmanuel Activity Centre @ Toa Payoh	TOUCH Centre for Independent Living (Bukit Merah)
Applicant's disability type	Primary Diagnosis	Intellectual Disability (Mild - Moderate)	Intellectual Disability	Intellectual Disability	Intellectual Disability or Autism Spectrum Disorder	Intellectual Disability (Mild-Moderate)
	Secondary Diagnosis	Autism Spectrum Disorder (Mild-Moderate)	Autism Spectrum Disorder or Other Disabilities	Other Disabilities		Hearing Impairment
Wheelchair Accessible		No		Yes		No
Transport Provided*		Yes		Yes		
Estimated Waiting Time for Enrolment**		2 months	3 months	3 months	12 months and above	4 months
Vacancy**		Yes	Low	No	Yes	Low

*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

**Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

General information of DACs that serve Intellectual Disability (ID)

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		NORTH	EAST				
Name of centre		Metta Home Day Activity Centre (Woodlands)	Christian Outreach to the Handicapped Emmanuel Activity Centre @ Tampines	MINDS Community Hub (Geylang Serai)	MINDS Community Hub (Tampines East)	TOUCH Centre for Independent Living (Ubi)	
Applicant's disability type	Primary Diagnosis	Intellectual Disability (Mild - Moderate)	Intellectual Disability, Autism Spectrum Disorder	Intellectual Disability		Intellectual Disability (Mild-Moderate)	
	Secondary Diagnosis	Autism Spectrum Disorder (Mild-Moderate)	Other Disabilities	Autism Spectrum Disorder or Other Disabilities			
Wheelchair Accessible		Yes	Yes	No			
Transport Provided*		Yes	Yes				
Estimated Waiting Time for Enrolment**		1 - 2 months	12 months and above	2 years	12 months	12 months and above	
Vacancy**		Yes	Low	Yes	No	No	

*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

**Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

General information of DACs that serve Intellectual Disability (ID)

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

WEST							
Name of centre		THK Day Activity Centre @ Jurong East	MINDS Community Hub (Clementi)	MINDS Community Hub (Faber)	MINDS Community Hub (Jurong East)		
Applicant's disability type	Primary Diagnosis	Intellectual Disability					
	Secondary Diagnosis	Other Disabilities	Autism Spectrum Disorder or Other Disabilities				
Wheelchair Accessible		No					
Transport Provided*		Yes					
Estimated Waiting Time for Enrolment**		1 – 3 months	To Be Advised	To Be Advised	To Be Advised		
Vacancy**		Low	Low	No	Low		

*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

**Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

General information of DACs that serve Physical Disability (PD) / Multiple Disabilities

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		NORTHEAST		EAST					
Name of centre		The Singapore Cheshire Home Day Activity Centre	SUN-DAC (Upper Thomson)	AWWA Day Activity Centre	Bizlink Day Activity Centre	Cerebral Palsy Alliance Singapore (CPAS) Day Activity Centre[^]	SUN-DAC (Bedok South)		
Applicant's disability type	Primary Diagnosis	Physical Disability	Intellectual Disability, Autism Spectrum Disorder, Physical Disability, Sensory or other Developmental condition, Visual Impairment (Case-by-case)	Physical Disability	Multiple Disabilities	Physical Disability	Intellectual Disability, Autism Spectrum Disorder, Physical Disability, Sensory or other Developmental condition, Visual Impairment (Case-by-case)		
	Secondary Diagnosis	Other Disabilities		Multiple Disabilities	Intellectual Disability, Autism Spectrum Disorder	Multiple Disabilities			
Wheelchair Accessible		Yes		Yes					
Transport Provided*		Yes		Yes					
Estimated Waiting Time for Enrolment**		1 month	1 year	3 months	1 - 2 weeks	1 - 2 years	2 - 3 months		
Vacancy**		Low	Low	Yes	No	No	Low		

[^]CPAS DAC is currently unable to place applicants on the waitlist.

*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

**Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

General information of DACs that serve Physical Disability (PD) / Multiple Disabilities

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

WEST			
Name of centre		Red Cross Day Activity Centre for the Disabled	SUN-DAC (Choa Chu Kang)
Applicant's disability type	Primary Diagnosis	Physical Disability (except Autism Spectrum Disorder)	Intellectual Disability, Autism Spectrum Disorder, Physical Disability, Sensory or other Developmental condition, Visual Impairment (Case-by-case)
	Secondary Diagnosis	Other Disabilities	
Wheelchair Accessible		Yes	
Transport Provided*		Yes	
Estimated Waiting Time for Enrolment**		2 months	2 - 3 years
Vacancy**		Yes	No

*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

**Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

Additional information of Day Activity Centre (DAC)

by Agency

AWWA Day Activity Centre

<https://www.awwa.org/sq/>

Programme details

Programme offered	<ul style="list-style-type: none"> - Training in Activities of Daily Living - Community Integration Activities - Recreational Activities 	Service Group
		Physical Disability, Multiple Disabilities

Programme	Full-time
Hours	(Mon to Fri 8.30AM to 3:30PM)
	Part-time (3 days/week)

Professional staff/services	<ul style="list-style-type: none"> - Occupational Therapist - Physiotherapist - Speech Therapist - Social Worker - Psychologist 	Meals	Available (Halal)
	<ul style="list-style-type: none"> - Therapy Services - Counselling - Case Management - Caregiver Training 	Transport details	Catchment areas East / N

Transport details

Catchment areas

Type Normal / Hydraulic

Address

5 Pasir Ris Street 22, S(518064)

Contact details

Tel: 6551 1642

adultdisability@awwa.org.sg

How to get there?

By MRT: Tampines East MRT Station [DT33]

By Bus: 5, 6, 9, 19, 59, 89, 89A, 109, 359



Additional information of Day Activity Centre (DAC)

by Agency

Bishan Home for the Intellectually Disabled Day Activity Centre

info.bishanhome.org.sg

Programme details

Programme offered
 Activities of Daily Training (ADL)
 Community Living Skills (CLS)
 Social Interaction and Recreation

Service Group
 Intellectual Disability, Others (case-by-case)

Programme Hours
 Full-time (Mon to Fri | 10AM to 4PM)
 Part-time (case-by-case basis)

Professional staff/services

- Occupational Therapist *
- Psychologist*
- Nurse*
- Nurse Assistant
- Healthcare attendant*
- Social Worker*
- Physiotherapy Aide
- Training officer
- Caregiver training
- Counselling Support

*the above professional support is shared with residential service

Meals

Available
 (Non-Halal, No pork/lard)

Transport details

Catchment areas
 Bishan, Ang Mo Kio, Toa Payoh,
 Hougang (Ave 9, 10), Yio Chu Kang,
 Buangkok, MacPherson, Serangoon
 (certain area).

Address

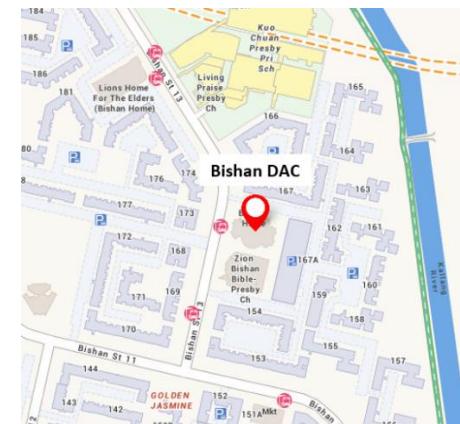
6 Bishan St 13, S([579798](https://www.google.com/search?q=579798))

Contact details

Tel: 6353 3515
 Fax: 6353 6753
info@bishanhome.org.sg

How to get there?

By MRT: Bishan MRT Station [CC15]
 By Bus: 54, 56



Additional information of Day Activity Centre (DAC)

by Agency

Bizlink Day Activity Centre

<https://www.bizlink.org.sg/>

Programme details

Programme offered Specialized to individual needs

Service Group

Multiple Disabilities, Intellectual Disability, Autism Spectrum Disorder

Address

82 Circuit Road #01-04
Singapore S(370082)

Programme Hours Full-time
(Mon to Fri | 8AM to 5PM)

Part-time (No. of days/week, Half day)
Morning session: 8:30AM to 12:30PM
Afternoon session: 1:15PM to 5PM

Contact details

Tel: 6449 5652
Fax: 6449 5694
DAC@bizlink.org.sg

Professional staff/services
- OT services
- Coaches
- Exercise

Meals Available
(Halal)

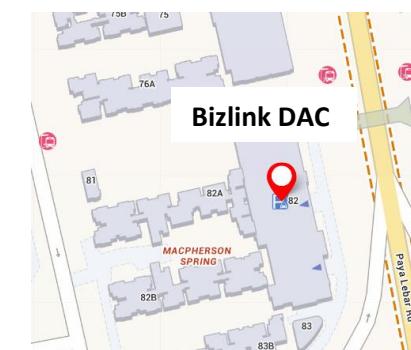
How to get there?

By MRT: Macpherson MRT Station [CC10]
By Bus: 24, 28, 43, 70, 76, 80, 135, 154

Transport details

Catchment areas West / North East / Yishun / East

Type Normal / Hydraulic*
**Hydraulic vans depending on locations*



Additional information of Day Activity Centre (DAC)

by Agency

Blue Cross Thong Kheng ASD Day Activity Centre

www.thongkheng.org.sg

Programme details

Programme offered	<i>Please approach centre directly for more information</i>	Service Group
		Autism Spectrum Disorder, Intellectual Disability cum Autism Spectrum Disorder, Multiple Disabilities (case-by-case)

Programme Hours	Full-time (Mon to Fri 9AM to 3PM)
-----------------	----------------------------------------

Professional staff/services	<ul style="list-style-type: none"> - Occupational Therapist (in-house & outsourced) - Psychologist - Social Worker - Counselling Support - Parent Support Group - Maintenance Therapy - Active Therapy - Art Therapy - Music Therapy - Sports Therapy - Activity of Daily Living Support - Community Living Skills Support - Play Therapy
-----------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Transport details

Catchment areas	East (Pasir Ris) North (Ang Mo Kio, Yio Chu Kang, Yishun, Sembawang, Woodlands, Sengkang, Upper Thomson) West (Boon Lay, Jurong, Bukit Batok, Choa Chu Kang, Bukit Panjang)
-----------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Address

600 Upper Thomson Rd, Blk C #03-21
Upper Thomson Community Hub
S([574421](tel:574421))

Contact details

Tel: 6265 2878
Fax: 6265 2806
reception_asd@thongkheng.org.sg

How to get there?

By MRT: Mayflower MRT Station [TE6]
By Bus: 163, 167, 169, 855, 980



Additional information of Day Activity Centre (DAC)

by Agency

THK Day Activity Centre @ Jurong East

www.thkmc.org.sg

Programme details

Programme offered	<i>Please approach centre directly for more information</i>	Service Group	Intellectual Disability, Other Disabilities (case-by-case)
		Programme Hours	Full-time (Mon to Fri 9AM to 3PM) Part-time (Not available)
Professional staff/services	<ul style="list-style-type: none"> - Occupational Therapist (outsourced) - Physiotherapist (outsourced) - Psychologist - Social Work - Active Therapy - Counselling Support - Art Therapy - Activity of Daily Living Support - Community Living Skills Support - Parent Support Group 	Meals	Available (Halal/ Non-Halal)
		Transport details	<p>Catchment areas</p> <p>West and Central (based on transport availability), Transport covers up to Jalan Bukit Merah, Jalan Membina, Dawson, Ghim Moh, Clementi, West Coast, Pandan Gardens, Teban Gardens, Jalan Rumah Tinggi, Jalan Bukit Ho Swee, Commonwealth, Bukit Batok, Choa Chu Kang, Teck Whye, Bukit Panjang, Jurong East, Jurong West, Boon Lay</p>

Address

201 Jurong East Ave 1, S(609791)

Contact details

Tel: 6560 2022

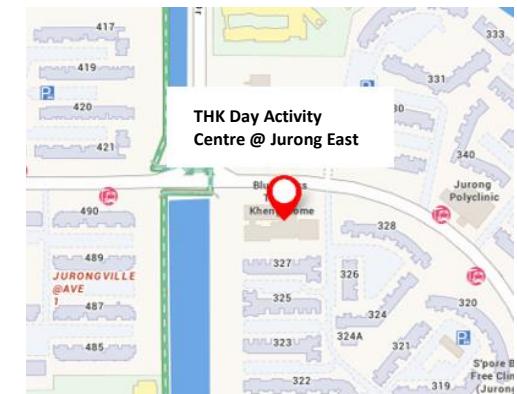
Fax: 6560 2797

tan.guekhwa@thkmc.org.sg

How to get there?

By MRT: Chinese Garden MRT Station [EW25]

By Bus: 98, 99, 157, 185, 187, 198



Additional information of Day Activity Centre (DAC)

by Agency

Cerebral Palsy Alliance Singapore (CPAS) Day Activity Centre[^][^]CPAS DAC is currently unable to place applicants on the waitlist.**Programme details**

Programme offered	<ul style="list-style-type: none"> - Adaptive Daily Living Skills - Social Skills - Life Skills, e.g. cooking - Language Themes - Gross Motor Skills - Art & Craft - Music & Movement - Sensory Stimulation 	Service Group	Physical Disability, Multiple Disabilities
		Programme Hours	Full-time (Mon to Fri 9AM to 3:30PM)

Professional staff/services	<ul style="list-style-type: none"> - Physiotherapist - Occupational Therapist - Health Care Attendants - Social Worker - Music and Movement Instructor - Psychosocial assessment and linkages to resources <ul style="list-style-type: none"> a) Information and referral b) Financial assistance c) Casework and counselling d) Parent/caregivers support e) Link with external resources <p>Accept client on tube feeding but will require assistance from caregiver</p>	Meals	Available (Non-Halal - no pork/ lard and nuts)
Transport details			
		Catchment areas	Island-wide
		Type	Normal / Hydraulic

Address65 Pasir Ris Drive 1 Cerebral Palsy Centre S([519529](#))**Contact details**

Tel: 6585 5643
Fax: 6581 1455
hqadmin@cpas.org.sg

How to get there?

By MRT: Pasir Ris MRT Station [EW1]
By Bus: 39, 53, 81, 89, 109, 518



Additional information of Day Activity Centre (DAC)

by Agency

**Christian Outreach to the Handicapped
Emmanuel Activity Centre**

Service Group Intellectual Disability,
Autism Spectrum Disorder,
Others (case-by-case)

www.coh.org.sg

Programme details

Programme offered

Activities to reinforce and train on community living skills, activities of daily living, sports, arts, music, cooking, gardening, etc.

Professional staff/services

- Physiotherapist
- Social Worker
- Trainer/ Assistant Trainer
- Caregiver Training (Ad-hoc)
- Support Group (Ad-hoc)
- Active and Maintenance Therapy
- Counselling Support

Programme

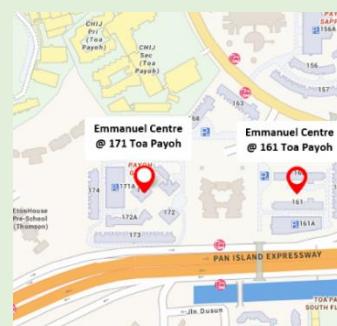
Full-time
(Mon to Fri | 930AM to 4PM)
Part-time (Available)

Meals

Available (Non-Halal)

@ Toa Payoh

Blk 171 Toa Payoh Lorong 1, #01-1146, S([310171](#))
Blk 161 Toa Payoh Lorong 1 #01- 1596 S([310161](#)) – for Autism Spectrum Disorder



By MRT: Toa Payoh MRT Station [NS19]
By Bus: 5, 56, 57, 105, 129, 139, 143, 145, 151, 153, 154, 506, 966, 985

Transport details

Catchment areas

Central (Non-CBD) / North (Ang Mo Kio, Hougang, Boon Keng etc)

Type

Normal / Hydraulic
(subject to availability)

Contact details

Tel: 6253 5116
Fax: 6253 5006
admin@coh.org.sg

@ Tampines

Blk 414 Tampines St 41, #01-311, S([520414](#))



By MRT: Tampines MRT Station [DT32]
By Bus: 28, 29, 293

Transport details

Catchment areas

East / North East
(depending on transport availability) - covers up to Punggol, Pasir Ris, Geylang

Type

Normal / Hydraulic (subject to availability)

Contact details

Tel: 6787 3200
Fax: 6787 6990
admin@coh.org.sg

Additional information of Day Activity Centre (DAC)

by Agency

Eden Centre for Adults

Service Group

Autism Spectrum Disorder

www.autismlinks.org.sg

Programme details

Programme offered

Personal Health & Fitness Skills, Daily Living Skills, Vocational Work Skills, Social Interaction Skills, Community Living Skills, Leisure & Recreation Skills

Professional staff/services

- Social Worker
- Social Service Assistance
- Training Officer
- Caregiver training
- Counselling Support (adhoc)

Programme Hours

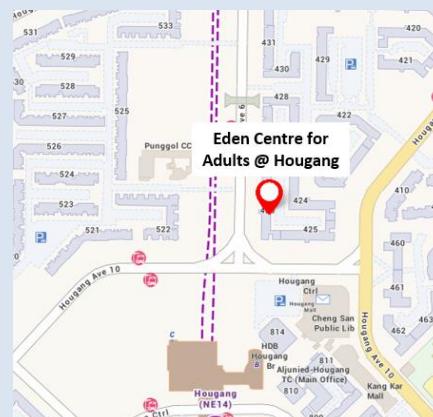
Full-time (Mon to Fri | 10AM to 4PM)
Part-time (1-2 days/week, Half day)
Morning session: 10AM to 1PM
Afternoon session: 1PM to 4PM

Meals

Not Available

@ Hougang

Blk 426 Hougang Avenue 6,
#01-53, S([530426](#))



By MRT: Hougang MRT Station
[NE14]
By Bus: 27, 62, 113, 161

Transport details

Catchment areas

Caregivers to make private arrangements directly with external transport operator.

Contact details

Tel: 6774 6649
Fax: 6287 2774
autism@singnet.com.sg

@ Clementi

Blk 351 Clementi Avenue 2,
#01-57, S([120351](#))



By MRT: Clementi MRT Station [EW23]
By Bus: 52, 74, 151, 154, 165

Transport details

Catchment areas

Caregivers to make private arrangements directly with external transport operator.

Contact details

Tel: 6774 6649
Fax: 6873 0057
autism@singnet.com.sg

Additional information of Day Activity Centre (DAC)

by Agency

Metta Day Activity Centre	Service Group	Intellectual Disability (Mild – Moderate), Autism Spectrum Disorder (Mild – Moderate)	https://www.metta.org.sg/hq/
Programme details			
Programme offered Reading, writing, storytelling, drawing, colouring, art and craft, flower marking, quilling, paper art, dancing, karaoke singing, table top cognitive puzzles and games, walking at the stadium, neighbourhood walk, morning exercises, HUR fitness machine training, basketball, floorball, bocce, Special Olympics participation	Professional staff/services - Occupational Therapist (Woodlands) - Physiotherapist (Woodlands) - Social Worker / Social Work Associate	Programme Hours Full-time (Mon to Fri) Woodlands: 9AM to 4:30PM Hougang: 9AM to 4:30PM	Part-time (Not Available)
		Meals Available (Vegetarian Only)	
@ Woodlands 2 Woodlands St 31, S(738580)	Transport details Catchment areas Woodlands / Yishun/Serangoon	@ Hougang Blk 627 Hougang Ave 8, #01-130, S(530627)	Transport details Catchment areas Sengkang /Punggol/Hougang /Potong Pasir/Toa Payoh /Ang Mo Kio and Serangoon Ave.
 By MRT: Marsiling MRT Station [NS8] By Bus: 912M, 913M	Type Normal Contact details Tel: 6365 7666 Fax: 6365 7555 hidac@metta.org.sg	 By MRT: Kovan MRT Station [NE13] By Bus: 25, 55, 112, 132, 854	Contact details Tel: 6385 2913 Fax: 6385 2914 hidac@metta.org.sg

Additional information of Day Activity Centre (DAC)

by Agency

MINDS Community Hub

Service Group Intellectual Disability,
Autism Spectrum Disorder,
Other Disabilities
(case-by-case)

www.minds.org.sg

Programme details

Programme offered

Daily Living Skills Activities, Social Skills, Home Living Skills
Cognitive skills activities with Literacy & Numeracy where applicable, Horticulture – Gardening, Art & Craft, Community Mobility & Engagement, Health Fitness Wellness Programme

Professional staff/services

- Speech Therapist
- Occupational Therapist
- Physiotherapist
- Social Worker
- Maintenance Therapy
- Active Therapy
- Caregiver Training

Programme Hours

Full-time (Mon to Fri | 9AM to 4:30PM)
Part-time (2-3 days/week)

Meals

Available
(No pork/ lard)

@ Hougang

Transport details

No 7 Lorong Napiri
S547533

Catchment areas

Northeast / Central regions such as Hougang, Sengkang, Punggol, Serangoon, Ang Mo Kio



Additional information of Day Activity Centre (DAC)

by Agency

@ Geylang Serai	Transport details	@ Tampines East	Transport details	@ Clementi	Transport details
<p>11 Jalan Ubi Block 3, #01-21 , S(409074) Kembangan - Chai Chee Community Hub</p> <p>By MRT: Eunos MRT Station [EW7] By Bus: 7, 26, 28, 30</p>	<p>Catchment areas Bugis, Beach Road, Lavender, Aljunied, Kallang, Macpherson, Aljunied, Geylang, Eunos, Marine Parade, Serangoon Road, Bedok South</p> <p>Contact details Tel: 6547 8501 Fax: 6547 8509 etdc@minds.org.sg</p>	<p>Blk 267 Tampines Street 21, #01-09, S(520267)</p>	<p>Catchment areas Tampines, Simei, Pasir Ris, Bedok North, Chai Chee</p> <p>Contact details Tel: 6260 5886 Fax: 6260 5686 ttdc@minds.org.sg</p>	<p>Blk 304 Clementi Avenue 4, #01-487, S(120304)</p>	<p>Catchment areas Clementi / Southern regions</p> <p>Contact details Tel: 6776 8743 Fax: 6776 8741 ctdc@minds.org.sg</p>
@ Faber	Transport details	@ Jurong East	Transport details		
<p>Blk 207 Clementi Avenue 6 #02-01 S(120207)</p>	<p>Catchment areas Clementi / Southern regions</p> <p>Contact details Tel: 6873 1564 Fax: 6873 1565 ftdc@minds.org.sg</p>	<p>18 Boon Lay Way, #02-96 to 100 Tradehub@21 S(609966)</p>	<p>Catchment areas Western regions such as Bukit Panjang, Choa Chu Kang, Bukit Gombak, Bukit Batok, Jurong East, Toh Guan, Boon Lay, Jurong West</p> <p>Contact details Tel: 6252 5226 Fax: 6252 6652 jtdc@minds.org.sg</p>		

Additional information of Day Activity Centre (DAC)

by Agency

Red Cross Day Activity Centre for the Disabled

<https://www.redcross.sg/>

Programme details	
Programme offered	<ul style="list-style-type: none"> - Arts and crafts - Games - Meals preparation - Leisure activities
Professional staff/services	<ul style="list-style-type: none"> - Occupational Therapist - Social Worker - Therapy Aide - Maintenance Therapy - Active Therapy - Tube/ NG tube / tube to stomach / BIPAP / dialysis may be considered - Counselling Support
Service Group	Physical Disability (Except Autism Spectrum Disorder), Other Disabilities (case-by-case)
Programme Hours	<p>Full-time (Mon to Fri 9AM to 5PM)</p> <p>Part-time (2-3 days/week, Half day)</p> <p>Morning session: 8:30AM to 12:30PM</p> <p>Afternoon session: 12:30PM to 4:30PM</p>
Meals	Available (Halal)
Transport details	
Catchment areas	Jurong, Clementi, Choa Chu Kang, Buona Vista, Dover, Bukit Panjang, Bukit Batok, Bukit Gombak
Type	Wheelchair-friendly

Address
Blk 536, Jurong West St 52,
#01-497 S(640536)

Contact details
Tel: 62624062
dac@redcross.sg

How to get there?
By MRT: Lakeside MRT Station [EW26]
By Bus: 99, 157, 185, 198, 502



Additional information of Day Activity Centre (DAC)

by Agency

St Andrew's Autism Centre Day Activity Centre	Service Group	Autism Spectrum Disorder, Multiple Disabilities (Case-by-case)	www.saac.org.sg
Programme details			
Programme offered Daily Living Skills, Community Living Skills, Community Mobility, Horticulture, Laundry, Home Science (preparation of simple meals and snacks), Physical Exercises, Functional Numeracy, Functional Literacy, Social and Communication Skills, Arts	Professional staff/services - Speech Therapist - Occupational Therapist - Psychologist - Social Worker - Counselling Support - Parent Support Group	Programme Hours	Full-time (Mon to Fri 9AM to 3PM) Part-time (case-by-case basis)
		Meals	Not Available
@ Sengkang 147 Compassvale Bow, S(544691)  By MRT: Buangkok MRT Station [NE15] By Bus: 109, 156, 159, 161	Transport details Catchment areas Island-wide Priority to applicants staying in the North and North-East	@ Siglap 1 Elliot Road, S(458686)  By MRT: Siglap MRT Station [TE28] By Bus: 31, 43, 47, 48, 55, 155, 196, 197	Transport details Catchment areas Island-wide Priority to applicants staying in the East
Contact details Tel: 6231 0200 Fax: 6231 0201 enquiry_saah@saac.org.sg		Contact details Tel: 6517 3839 Fax: 6517 3801 admissions@saac.org.sg	

Additional information of Day Activity Centre (DAC)

by Agency

SUN-DAC

Service Group

Intellectual Disability, Autism Spectrum Disorder, Physical Disability, Sensory or other Developmental condition, Visual Impairment (Case-by-case)

www.sundac.org

Programme details

Programme offered

Daily Living Skills, Community Living Skills, Art & Craft, Gardening, Physical Exercise, Music & Dance, Pre-vocational training

Professional staff/services

- Occupational Therapist
- Physiotherapist
- Speech Therapist
- Psychologist
- Case Manager
- Counselling Support
- Caregiver Training

Programme Hours

Full-time (Mon to Fri | 9AM to 3:30PM)

9AM to 3PM (For SUN-DAC Upper Thomson)

Part-time (2-3 days/week, Half day)

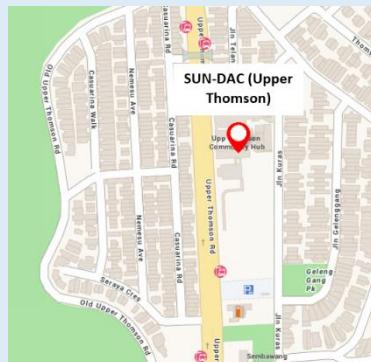
Morning session: 9AM to 12PM

Meals

Available (Halal)

@ Upper Thomson

600 Upper Thomson Road, Blk C, #01-21 S([574421](tel:574421))



By MRT: Mayflower MRT Station [TE6]
By Bus: 163, 167, 169, 652, 855, 980

Transport details

Catchment areas
North area (Yishun, Ang Mo Kio etc), Hougang, Toa Payoh, Bishan, Braddell, Sengkang, Punggol

Contact details

Tel: 6265 9428
Fax: 6265 2156
[https://www.sundac.org/contact-us/](http://www.sundac.org/contact-us/)

@ Bedok South

Blk 39 Bedok South, #01-719, S([460039](tel:460039))



By MRT: Tanah Merah MRT Station [EW4]
By Bus: 12, 38, 47, 229

Transport details

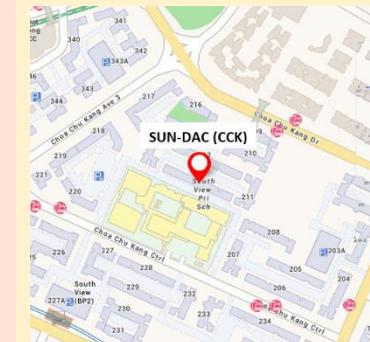
Catchment areas
East Area (Pasir Ris, Bedok, Tampines etc)

Contact details

Tel: 6442 6395
[https://www.sundac.org/contact-us/](http://www.sundac.org/contact-us/)

@ Choa Chu Kang

Blk 213 Choa Chu Kang Central, #01-110, S([680213](tel:680213))



By MRT: South View LRT Station [BP2]
By Bus: 307, 172, 190, 975, 985, 991

Transport details

Catchment areas
West (covers up to Bukit Batok, Bukit Panjang, Choa Chu Kang, Yew Tee, Marsiling, Woodlands, Jurong East and Jurong West)

Contact details

Tel: 6763 6234
Fax: 6763 1784
[https://www.sundac.org/contact-us/](http://www.sundac.org/contact-us/)

Additional information of Day Activity Centre (DAC)

by Agency

The Singapore Cheshire Home Day Care Centre

www.cheshirehome.org.sg

Programme details

Programme offered	<ul style="list-style-type: none"> - Handicraft - Music, Art & Entertainment - Games (e.g. carrom, mahjong, boccia) - Karaoke - Movie Viewing - Hydrotherapy 	Service Group	Physical Disability, Other Disabilities (Case by case)
		Programme Hours	<ul style="list-style-type: none"> Full-time (Mon to Fri 9AM to 4PM) Part-time (case-by-case basis, Half day) Morning session: 9AM to 11:30AM

Professional staff/services	<ul style="list-style-type: none"> - Occupational Therapist - Physiotherapist - Social Worker - Speech Therapist (part-time) - Dietician (part-time) - Maintenance and Active Therapy - Tube Feeding / Wound Dressing, - Caregiver Training - Counselling Support, Music and Art Therapy (adhoc)
------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Meals	Available (Non-Halal, No pork/lard)
--------------	----------------------------------------

Transport details

Catchment areas	Ang Mo Kio, Serangoon, Hougang, Sengkang, Yishun, Toa Payoh
Type	Hydraulic

Address

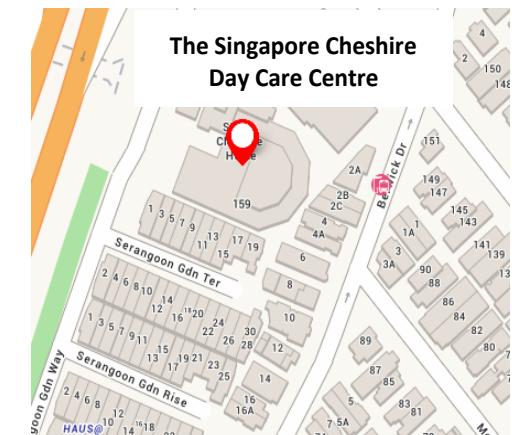
159 Serangoon Garden Way,
S(556056)

Contact details

Tel: 6284 0966
Fax: 6284 2782
enquiries@cheshirehome.org.sg

How to get there?

By MRT: Ang Mo Kio MRT Station [NS16]
By Bus: 317



Additional information of Day Activity Centre (DAC)

by Agency

TOUCH Centre for Independent Living

Service Group Intellectual Disability (Mild - Moderate),
Hearing Impairment (Bukit Merah)<https://www.touch.org.sg/>

Programme details

Programme offered

Competency skills training- daily living skills, personal social skills, community skills, enrichment programmes - visual art programme, music, exercise & social recreational activities

ADL (Activities of Daily Living), CLS (Community Living Skills), Social and Recreation, Job Preparation and Employment Services for selected trainees

Professional staff/services

- Social Worker
- Lifeskills Coaches
- Caregiver Support

Programme Hours

Full-time
(Mon to Fri | 9AM to 4:30PM)

Other Requirements

Applicants are required to be ADL Independent (Toileting and Feeding)

Meals

Not Available

@ Bukit Merah

Blk 162 Bukit Merah Central, #05-3555,
[S\(150162\)](#)



By MRT: Redhill MRT Station [EW18]
By Bus: 14, 16M, 147, 196, 197, 855, 961,
961M

Transport details

Catchment areas

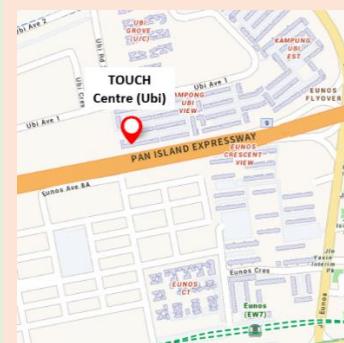
Preferably able to take public transport.
Currently transport is only available in selected west region only

Contact details

Tel: 6251 4535
tcs.tcilbm@touch.org.sg

@ Ubi

Blk 352 Ubi Ave 1, #01-989,
[S\(400352\)](#)



By MRT: Ubi MRT Station [DT27]
By Bus: 63, 137

Transport details

Catchment areas

Preferably able to take public transport.
Island-wide, preferably from the east or central region

Contact details

Tel: 6741 6364
tcs.tcilubi@touch.org.sg