



Staying Home



More people are falling sick from the virus that is going around.

May 2021

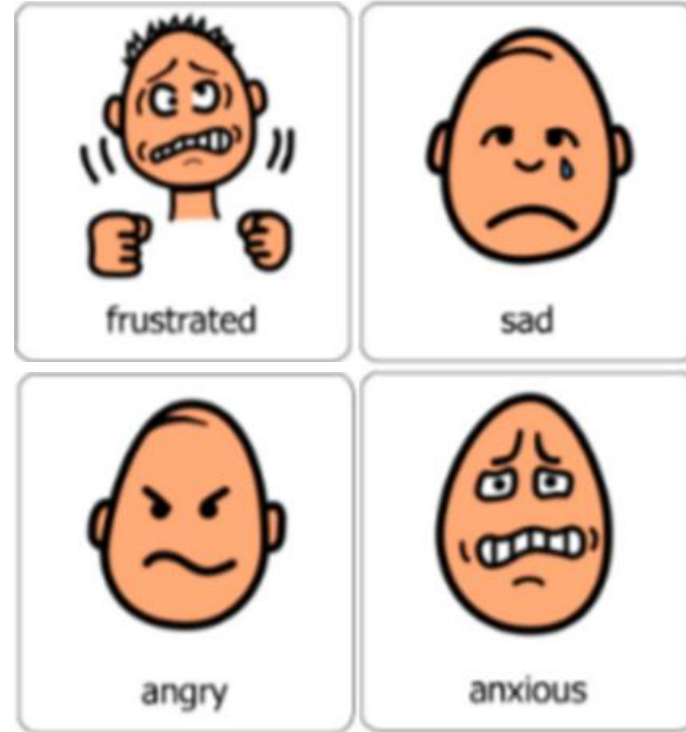
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2021

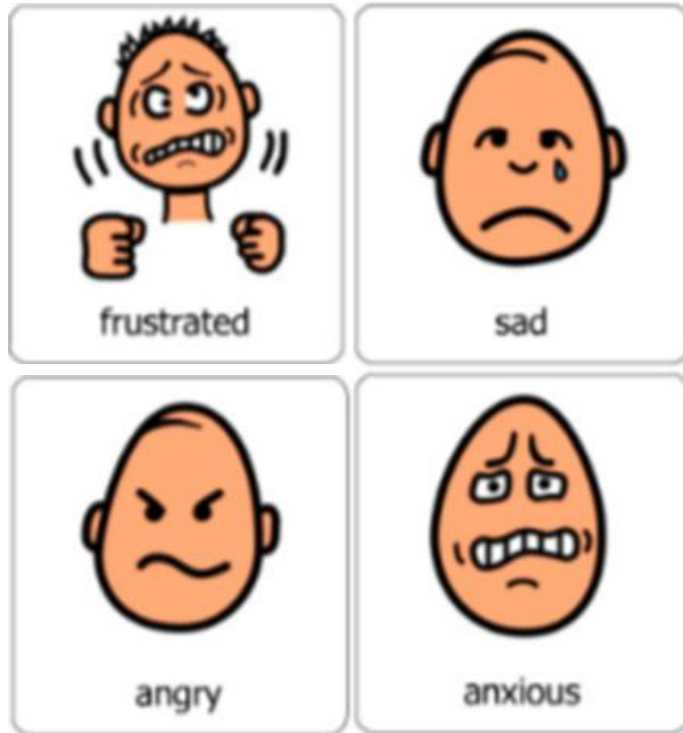
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To remain safe, we need to stay home on weekends.



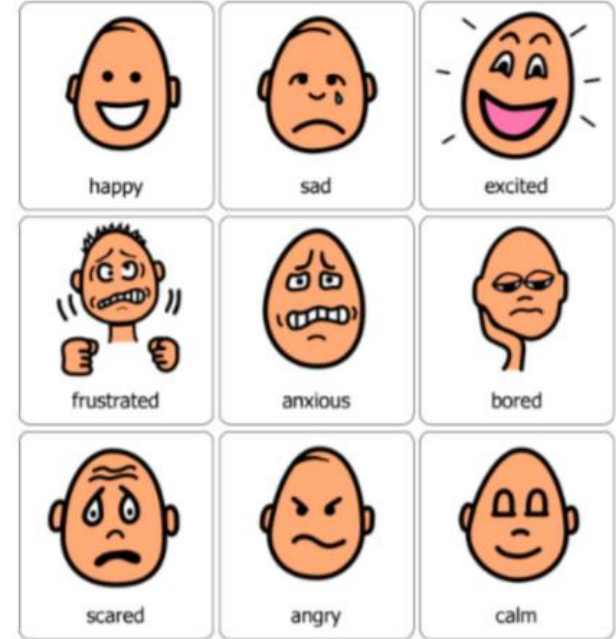
Changes may make me feel
uncomfortable feelings.



It's okay to feel these feelings.



I feel...



I can tell my daddy or mummy
what I feel.



I can feel better by doing something that relaxes me.



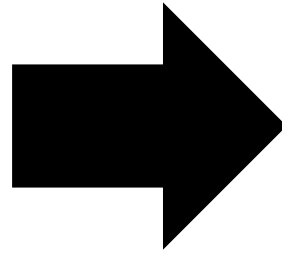
I can do many things at home too.

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It is okay to stay home on weekends.