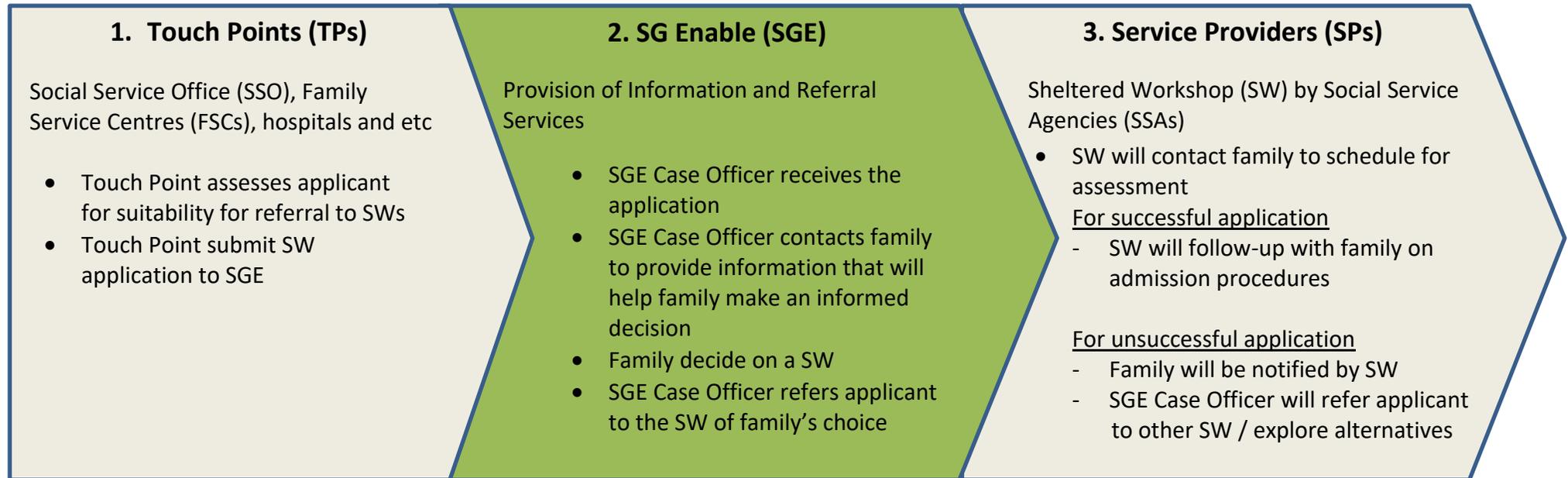


**Referral process for Sheltered Workshop (SW)**



**Some key factors when selecting a SW**

**Applicant's Disability Type**



- Choose a SW that caters to the applicant's disability type

**Location of centre**



- Find a SW that is near to the applicant's residence

**Transport services**



- If transport is required, ensure that the chosen SW provides transport

**Overview of the guide**

*\*Click on the page number to access more information*

**General Information by region**

Sheltered Workshops that serves applicants with Intellectual Disability (ID)	<a href="#">3</a>
Sheltered Workshops that serve applicants with Physical Disability (PD) / Multiple Disabilities	<a href="#">4</a>

**Additional Information by agency**

APSN Centre for Adults	<a href="#">5</a>
Bizlink Sheltered Workshop	<a href="#">6</a>
Cerebral Palsy Alliance Singapore (CPAS) Goodwill, Rehabilitation and Occupational Workshop (GROW)	<a href="#">7</a>
MINDS Regional Hub (Hougang)	<a href="#">8</a>
MINDS Regional Hub (Queenstown)	<a href="#">8</a>

**General information of SWs that serve Intellectual Disability (ID)**



**CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION**

		<i>NORTHEAST</i>	<i>EAST</i>	<i>CENTRAL</i>
<b>Name of centre</b>		<a href="#">MINDS Regional Hub (Hougang)</a>	<a href="#">APSN Centre for Adults</a>	<a href="#">MINDS Regional Hub (Queenstown)</a>
<b>Applicant's Disability type</b>	Primary Diagnosis	Intellectual Disability	Intellectual Disability (Mild)	Intellectual Disability
	Secondary Diagnosis	Autism (Mild), Cerebral Palsy (Mild), Hearing Loss	Autism (Mild), Physical Disability (Mild)	Autism (Mild), Cerebral Palsy (Mild), Hearing Loss
<b>Wheelchair Accessible</b>		No	No	No
<b>Transport Provided*</b>		Yes	No	Yes
<b>Estimated Waiting Time for Enrolment**</b>		6 months	3 - 6 months	6 months
<b>Vacancy**</b>		No	Yes	No

*\*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.*

*\*\*Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.*

**General information of SWs that serve Physical Disability (PD) / Multiple Disabilities**



**CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION**

		<b>EAST</b>	
<b>Name of centre</b>		<a href="#">Bizlink Sheltered Workshop</a>	<a href="#">Cerebral Palsy Alliance Singapore (CPAS) Goodwill, Rehabilitation and Occupational Workshop (GROW)</a>
<b>Applicant's Disability type</b>	Primary Diagnosis	Intellectual Disability, Physical Disability, Developmental Disability, Autism, Hearing Loss or Visual Impairment	Physical Disability
	Secondary Diagnosis		Intellectual Disability (Mild)
<b>Wheelchair Accessible</b>		Yes	
<b>Transport Provided*</b>		Yes	
<b>Estimated Waiting Time for Enrolment**</b>		1 year	6 weeks
<b>Vacancy**</b>		Low	Yes

\*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

\*\*Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

**Additional information of Sheltered Workshop (SW)**

*by Agency*

[www.apsn.org.sg](http://www.apsn.org.sg)

**APSN Centre for Adults**

**Programme details**

**Programme offered**

Vocational Training Programmes:

- Café: Service, Barista, Grilling, Mise en place, Frying, Cashiering, Cleaning & Stock take
- Catering Kitchen: Stir-frying, Frying, Cashiering, Cleaning, Mise en place, Knife skill, Dish washing & Stock take
- Bakery Kitchen: Weighing, Measuring, Dough making, Cookie production, Chocolate production, Cake production, Cleaning, Mise en place & Stock take
- Horticulture: Growing media, Propagation, Germination, Harvesting, Pruning, Weeding, Irrigation, Cleaning & Operate hydroponic system
- Retail: FIFO, Stock take, Cleaning, Service, Packing, Arranging
- Contract work: Packing, Labelling, Counting, Cleaning & Stock take

**Professional staff/services**

- Speech Therapist (ST)
- Occupational Therapist (OT)
- Caregiver Training
- Counselling Support
- Vocational training
- Industry specific training
- Employment placement and on-site job coaching support
- Case Management
- Financial Assistance and external referrals
- Caregivers support
- Legal Aid assistance
- Medical, Eye and Dental referral support
- Care planning and Alumni Support Services (lifelong)

**Service Group**

Intellectual Disability  
(Mild, IQ: 50 -70)

**Other Requirements:**

Independent in basic self-care required  
(for example independent in toileting, dressing, grooming, eating and making simple purchases)

**Programme Hours**

Full- time (Mon to Fri | 8:30AM to 4:00PM)  
(Sat | 8:30AM to 3:30PM – subject to programme)

**Meals**

Halal, Vegetarian available - chargeable

**Transport details**

**Transport Provided**

Not Available

**Address**

11 Jalan Ubi Blk 4 #01-31  
Kembangan Chai-Chee  
Comumntity Hub S([409074](http://409074))

**Contact details**

Tel: 6346 2425  
Fax: 6346 7518  
[cfa\\_admin@apsn.org.sg](mailto:cfa_admin@apsn.org.sg)

**How to get there?**

By MRT: Eunos MRT Station [EW7]  
By Bus: 60, 61, 63, 93, 94, 150



**Additional information of Sheltered Workshop (SW)**

**Bizlink Sheltered Workshop**

[www.bizlink.org.sg](http://www.bizlink.org.sg)

**Programme details**

<p><b>Programme offered</b></p> <ul style="list-style-type: none"> <li>- Cleaning</li> <li>- Data Entry</li> <li>- Food and Beverage</li> <li>- Card &amp; Gift</li> <li>- Flora &amp; Hamper</li> <li>- Packing</li> <li>- Work Therapy Programme</li> <li>- Vocational Skills Training (independent travelling, purchasing of food)</li> </ul>	<p><b>Service Group</b></p> <p>Intellectual Disability, Physical Disability, Developmental Disability, Autism, Hearing Loss/Visual Impairment</p>
<p><b>Professional staff/services</b></p> <ul style="list-style-type: none"> <li>- Social Worker</li> <li>- Social service assistant,</li> <li>- SPED teacher</li> <li>- Trainers</li> <li>- Recreational &amp; Leisure Activities</li> <li>- Community Mobility Training</li> <li>- Community &amp; Independent Living Skills Training</li> <li>- Bizlink Philanthropic Workfare fund (Financial Assistance)</li> <li>- Information and Referral</li> <li>- Financial Assistance Referral</li> <li>- Assistive Technology Application</li> </ul>	<p><b>Programme Hours</b></p> <p>Full- time (Mon to Fri   8:30AM to 5:30PM)</p> <p><b>Meals</b></p> <p>Available &amp; Chargeable (Halal Certified from Bizlink Café)</p>
<b>Transport details</b>	
<p><b>Catchment areas</b></p>	<p>Island-wide</p> <ol style="list-style-type: none"> <li>1. Third Party Transport, subject to availability and at designated pick up and drop off point (pick up at Jurong East, Woodlands, Toa Payoh)</li> <li>2. Bizlink Transport at designated pick up point</li> </ol>
<p><b>Type</b></p>	<ol style="list-style-type: none"> <li>1. Third Party Transport (Normal)</li> <li>2. Bizlink Transport (Hydraulic)</li> </ol>

**Address**

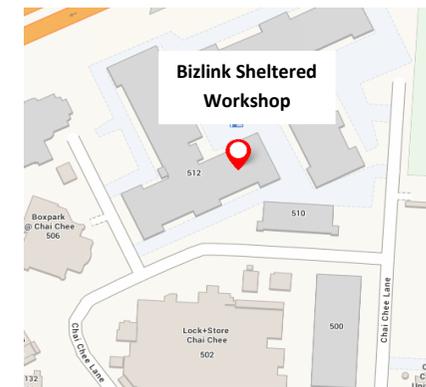
512 #01-09 Chai Chee Lane  
Bedok Industrial Estate S([469028](tel:6469028))

**Contact details**

Tel: 6449 5652  
Fax: 6449 5694  
[info@bizlink.org.sg](mailto:info@bizlink.org.sg)

**How to get there?**

By MRT: Bedok North MRT Station [DT29]  
By Bus: 26, 222, 222B



[www.cpas.org.sg](http://www.cpas.org.sg)

**Additional information of Sheltered Workshop (SW)**

**Cerebral Palsy Alliance Singapore (CPAS)  
Goodwill, Rehabilitation and Occupational Workshop (GROW)**

Programme details	
<p><b>Programme offered</b></p> <ul style="list-style-type: none"> <li>- Vocational skills training in assembly work, IT and office skills and social enterprise initiatives (e.g. Gift Shop, Cafe, Pushcart, Art &amp; Handicraft)</li> <li>- Enhance basic adaptive daily living skills</li> <li>- Community mobility training and life skills (e.g. purchasing of food, using public transport)</li> </ul>	<p><b>Service Group</b></p> <p>Physical Disability, Intellectual Disability (Mild)</p> <p><b>Programme Hours</b></p> <p>Full- time (Mon to Fri   9AM to 3PM)</p>
<p><b>Professional staff/services</b></p> <ul style="list-style-type: none"> <li>- Occupational Therapist (OT)</li> <li>- Physiotherapist (PT)</li> <li>- Social Worker                             <ol style="list-style-type: none"> <li>Information and referral</li> <li>Financial assistance</li> <li>Casework and counselling</li> <li>Parent/caregivers support</li> <li>Link with external resources</li> </ol> </li> <li>- Employment placement and on-site job coaching support (1-month)</li> </ul>	<p><b>Meals</b></p> <p>Available</p>
Transport details	
	<p><b>Catchment areas</b></p> <p>Island-wide (Chargeable Third Party Transport, subject to availability)</p> <p><b>Type</b></p> <p>Normal/ Hydraulic</p>

**Address**

65 Pasir Ris Drive 1 S([519529](https://www.google.com/maps/place/65+Pasir+Ris+Drive+1,+Singapore))

**Contact details**

Tel: 6585 5643

Fax: 6585 5603

[hqadmin@cpas.org.sg](mailto:hqadmin@cpas.org.sg)

**How to get there?**

By MRT: Pasir Ris MRT Station [EW1]

By Bus: 39, 53, 81, 89, 109, 518



**Additional information of Sheltered Workshop (SW)**

**MINDS Regional Hub**

**Service Group**

Intellectual Disability, Autism (Mild), Cerebral Palsy (Mild), Hearing Loss

[www.minds.org.sg](http://www.minds.org.sg)

**Programme details**

**Job Nature**

Manual contract work involving recycling, packaging, sorting, stacking; Bakery (except @Hougang), Food and preparation; Cleaning; Sales and retail; Artistic activities and performing arts; Provides vocational training skills / iADL; On the job training; Lifelong learning and curriculum

**Professional staff/services**

- Occupational Therapist (OT)
- Physiotherapist (PT)
- Psychologist
- Social Worker
- Counselling support

**Programme Hours**

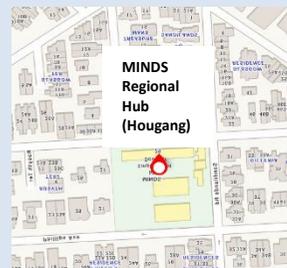
Full- time (Mon to Fri | 9AM to 4:30PM)

**Meals**

Available (No Pork/lard )

**@ Hougang**

29 Rosyth Road  
S([546190](http://www.minds.org.sg))



**How to get there?**

By MRT: Kovan MRT Station [NE13]  
By Bus: 43, 70, 76, 103, 109, 116, 147, 156

**Transport details**

**Catchment areas**

East, Northeast, Southeast and Central region

For postal code starting with 79 (e.g. Seletar, Jalan Kayu, Fernvale, Sengkang West) will fall under MINDS Regional Hub (Hougang).

**Contact details**

Tel: 6282 4852  
Fax: 6280 5078  
[iedc@minds.org.sg](mailto:iedc@minds.org.sg)

**@ Queenstown**

800 Margaret Drive  
S([149310](http://www.minds.org.sg))



**How to get there?**

By MRT: Redhill MRT Station [EW18]  
By Bus: 32, 122

**Transport details**

**Catchment areas**  
West, Southwest, South and Central region

**Contact details**

Tel: 6473 1148  
Fax: 6473 3885  
[smedc@minds.org.sg](mailto:smedc@minds.org.sg)