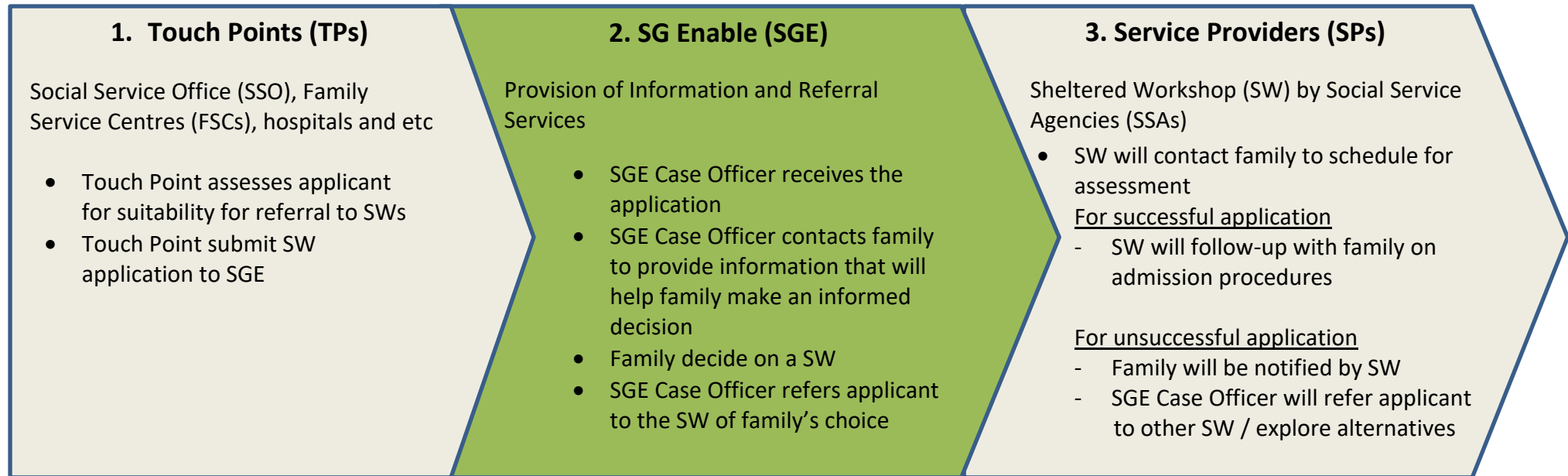


Referral process for Sheltered Workshop (SW)



Some key factors when selecting a SW

Applicant's Disability Type



- Choose a SW that caters to the applicant's disability type

Location of centre



- Find a SW that is near to the applicant's residence

Transport services



- If transport is required, ensure that the chosen SW provides transport

Overview of the guide

**Click on the page number to access more information*

General Information by region

Sheltered Workshops that serves applicants with Intellectual Disability (ID)	3
Sheltered Workshops that serve applicants with Physical Disability (PD) / Multiple Disabilities	4

Additional Information by agency

APSN Centre for Adults	5
Bizlink Sheltered Workshop	6
Cerebral Palsy Alliance Singapore (CPAS) Goodwill, Rehabilitation and Occupational Workshop (GROW)	7
MINDS Regional Hub (Hougang)	8
MINDS Regional Hub (Queenstown)	8

General information of SWs that serve Intellectual Disability (ID)



CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		<i>NORTHEAST</i>	<i>EAST</i>	<i>CENTRAL</i>
Name of centre		MINDS Regional Hub (Hougang)	APSN Centre for Adults	MINDS Regional Hub (Queenstown)
Applicant's Disability type	Primary Diagnosis	Intellectual Disability	Intellectual Disability (Mild)	Intellectual Disability
	Secondary Diagnosis	Autism (Mild), Cerebral Palsy (Mild), Hearing Loss	Autism (Mild), Physical Disability (Mild)	Autism (Mild), Cerebral Palsy (Mild), Hearing Loss
Wheelchair Accessible		No	No	No
Transport Provided*		Yes	No	Yes
Estimated Waiting Time for Enrolment**		6 months	3 - 6 months	6 months
Vacancy**		No	Yes	No

**Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.*

***Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.*

General information of SWs that serve Physical Disability (PD) / Multiple Disabilities



CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		EAST	
Name of centre		Bizlink Sheltered Workshop	Cerebral Palsy Alliance Singapore (CPAS) Goodwill, Rehabilitation and Occupational Workshop (GROW)
Applicant's Disability type	Primary Diagnosis	Intellectual Disability, Physical Disability, Developmental Disability, Autism, Hearing Loss or Visual Impairment	Physical Disability
	Secondary Diagnosis		Intellectual Disability (Mild)
Wheelchair Accessible		Yes	
Transport Provided*		Yes	
Estimated Waiting Time for Enrolment**		1 year	6 weeks
Vacancy**		Low	Yes

*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

**Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

Additional information of Sheltered Workshop (SW)

by Agency

www.apsn.org.sg

APSN Centre for Adults

Programme details

Programme offered

Vocational Training Programmes:

- Café: Service, Barista, Grilling, Mise en place, Frying, Cashiering, Cleaning & Stock take
- Catering Kitchen: Stir-frying, Frying, Cashiering, Cleaning, Mise en place, Knife skill, Dish washing & Stock take
- Bakery Kitchen: Weighing, Measuring, Dough making, Cookie production, Chocolate production, Cake production, Cleaning, Mise en place & Stock take
- Horticulture: Growing media, Propagation, Germination, Harvesting, Pruning, Weeding, Irrigation, Cleaning & Operate hydroponic system
- Retail: FIFO, Stock take, Cleaning, Service, Packing, Arranging
- Contract work: Packing, Labelling, Counting, Cleaning & Stock take

Professional staff/services

- Speech Therapist (ST)
- Occupational Therapist (OT)
- Caregiver Training
- Counselling Support
- Vocational training
- Industry specific training
- Employment placement and on-site job coaching support
- Case Management
- Financial Assistance and external referrals
- Caregivers support
- Legal Aid assistance
- Medical, Eye and Dental referral support
- Care planning and Alumni Support Services (lifelong)

Service Group

Intellectual Disability
(Mild, IQ: 50 -70)

Other Requirements:

Independent in basic self-care required (for example independent in toileting, dressing, grooming, eating and making simple purchases)

Programme Hours

Full- time (Mon to Fri | 8:30AM to 4:00PM)
(Sat | 8:30AM to 3:30PM – subject to programme)

Meals

Halal, Vegetarian available - chargeable

Transport details

Transport Provided

Not Available

Address

11 Jalan Ubi Blk 4 #01-31
Kembangan Chai-Chee
Comumntity Hub S(409074)

Contact details

Tel: 6346 2425
Fax: 6346 7518
cfa_admin@apsn.org.sg

How to get there?

By MRT: Eunos MRT Station [EW7]
By Bus: 60, 61, 63, 93, 94, 150



Additional information of Sheltered Workshop (SW)

Bizlink Sheltered Workshop

www.bizlink.org.sg

Programme details

<p>Programme offered</p> <ul style="list-style-type: none"> - Cleaning - Data Entry - Food and Beverage - Card & Gift - Flora & Hamper - Packing - Work Therapy Programme - Vocational Skills Training (independent travelling, purchasing of food) 	<p>Service Group</p> <p>Intellectual Disability, Physical Disability, Developmental Disability, Autism, Hearing Loss/Visual Impairment</p>
<p>Professional staff/services</p> <ul style="list-style-type: none"> - Social Worker - Social service assistant, - SPED teacher - Trainers - Recreational & Leisure Activities - Community Mobility Training - Community & Independent Living Skills Training - Bizlink Philanthropic Workfare fund (Financial Assistance) - Information and Referral - Financial Assistance Referral - Assistive Technology Application 	<p>Programme Hours</p> <p>Full- time (Mon to Fri 8:30AM to 5:30PM)</p> <p>Meals</p> <p>Available & Chargeable (Halal Certified from Bizlink Café)</p>
Transport details	
<p>Catchment areas</p>	<p>Island-wide</p> <ol style="list-style-type: none"> 1. Third Party Transport, subject to availability and at designated pick up and drop off point (pick up at Jurong East, Woodlands, Toa Payoh) 2. Bizlink Transport at designated pick up point
<p>Type</p>	<ol style="list-style-type: none"> 1. Third Party Transport (Normal) 2. Bizlink Transport (Hydraulic)

Address

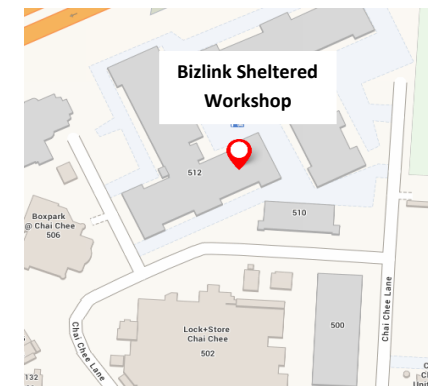
512 #01-09 Chai Chee Lane
Bedok Industrial Estate S([469028](tel:6469028))

Contact details

Tel: 6449 5652
Fax: 6449 5694
info@bizlink.org.sg

How to get there?

By MRT: Bedok North MRT Station [DT29]
By Bus: 26, 222, 222B



www.cpas.org.sg

Additional information of Sheltered Workshop (SW)

**Cerebral Palsy Alliance Singapore (CPAS)
Goodwill, Rehabilitation and Occupational Workshop (GROW)**

Programme details	
Programme offered	<ul style="list-style-type: none"> - Vocational skills training in assembly work, IT and office skills and social enterprise initiatives (e.g. Gift Shop, Cafe, Pushcart, Art & Handicraft) - Enhance basic adaptive daily living skills - Community mobility training and life skills (e.g. purchasing of food, using public transport)
Professional staff/services	<ul style="list-style-type: none"> - Occupational Therapist (OT) - Physiotherapist (PT) - Social Worker <ul style="list-style-type: none"> a) Information and referral b) Financial assistance c) Casework and counselling d) Parent/caregivers support e) Link with external resources - Employment placement and on-site job coaching support (1-month)
Service Group	Physical Disability, Intellectual Disability (Mild)
Programme Hours	Full- time (Mon to Fri 9AM to 3PM)
Meals	Available
Transport details	
Catchment areas	Island-wide (Chargeable Third Party Transport, subject to availability)
Type	Normal/ Hydraulic

Address

65 Pasir Ris Drive 1 S([519529](https://www.google.com/maps/place/65+Pasir+Ris+Drive+1+Singapore))

Contact details

Tel: 6585 5643

Fax: 6585 5603

hqadmin@cpas.org.sg

How to get there?

By MRT: Pasir Ris MRT Station [EW1]

By Bus: 39, 53, 81, 89, 109, 518



Additional information of Sheltered Workshop (SW)

MINDS Regional Hub

Service Group

Intellectual Disability, Autism (Mild), Cerebral Palsy (Mild), Hearing Loss

www.minds.org.sg

Programme details

Job Nature

Manual contract work involving recycling, packaging, sorting, stacking; Bakery (except @Hougang), Food and preparation; Cleaning; Sales and retail; Artistic activities and performing arts; Provides vocational training skills / iADL; On the job training; Lifelong learning and curriculum

Professional staff/services

- Occupational Therapist (OT)
- Physiotherapist (PT)
- Psychologist
- Social Worker
- Counselling support

Programme Hours

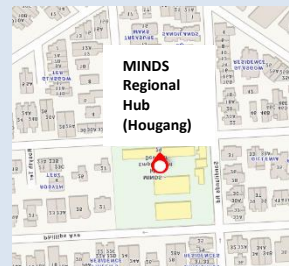
Full-time (Mon to Fri | 9AM to 4:30PM)

Meals

Available (No Pork/lard)

@ Hougang

29 Rosyth Road
S(546190)



How to get there?

By MRT: Kovan MRT Station [NE13]
By Bus: 43, 70, 76, 103, 109, 116, 147, 156

Transport details

Catchment areas

East, Northeast, Southeast and Central region

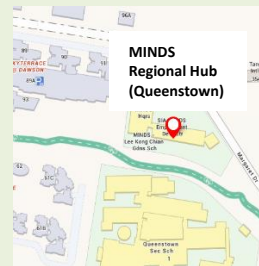
For postal code starting with 79 (e.g. Seletar, Jalan Kayu, Fernvale, Sengkang West) will fall under MINDS Regional Hub (Hougang).

Contact details

Tel: 6282 4852
Fax: 6280 5078
iedc@minds.org.sg

@ Queenstown

800 Margaret Drive
S(149310)



How to get there?

By MRT: Redhill MRT Station [EW18]
By Bus: 32, 122

Transport details

Catchment areas
West, Southwest, South and Central region

Contact details

Tel: 6473 1148
Fax: 6473 3885
smedc@minds.org.sg