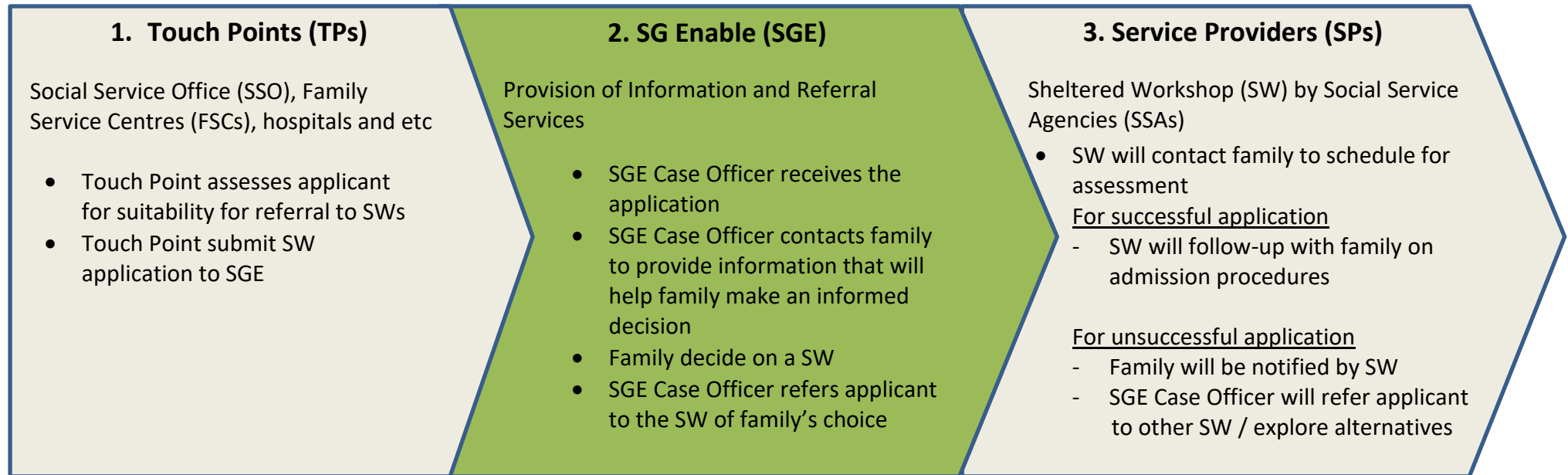


Referral process for Sheltered Workshop (SW)



Some key factors when selecting a SW

Applicant's Disability Type



- Choose a SW that caters to the applicant's disability type

Location of centre



- Find a SW that is near to the applicant's residence

Transport services



- If transport is required, ensure that the chosen SW provides transport

Overview of the guide

**Click on the page number
to access more information*

General Information by region

Sheltered Workshops that serves applicants with Intellectual Disability (ID)	3
Sheltered Workshops that serve applicants with Physical Disability (PD) / Multiple Disabilities	4

Additional Information by agency

APSN Centre for Adults @ Eunos	5
Bizlink Sheltered Workshop	6
Cerebral Palsy Alliance Singapore (CPAS) Goodwill, Rehabilitation and Occupational Workshop (GROW)	7
MINDS Regional Hub (Hougang)	8
MINDS Regional Hub (Queenstown)	8
APSN CFA@AMK *New	9
SPD@AMK *New	10

General information of SWs that serve Intellectual Disability (ID)

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		NORTHEAST	EAST	CENTRAL
Name of centre		MINDS Regional Hub (Hougang)	APSN Centre for Adults @Eunos	MINDS Regional Hub (Queenstown)
Applicant's Disability type	Primary Diagnosis	Intellectual Disability	Intellectual Disability (Mild)	Intellectual Disability
	Secondary Diagnosis	Autism (Mild), Cerebral Palsy (Mild), Hard of Hearing	Autism (Mild), Physical Disability (Mild)	Autism (Mild), Cerebral Palsy (Mild), Hard of Hearing
Wheelchair Accessible		No	No	No
Transport Provided*		Yes	No	Yes
Estimated Waiting Time for Enrolment**		6 months	3 - 6 months	6 months
Vacancy**		No	Yes	No

**Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.*

***Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.*

General information of SWs that serve Physical Disability (PD) / Multiple Disabilities

by Region

CLICK

CLICK ON THE CENTRE NAME DIRECTLY TO ACCESS MORE INFORMATION

		EAST		North	
Name of centre		Bizlink Sheltered Workshop	Cerebral Palsy Alliance Singapore (CPAS) Goodwill, Rehabilitation and Occupational Workshop (GROW)	APSN CFA@AMK	SPD@AMK
Applicant's Disability type	Primary Diagnosis	Intellectual Disability, Physical Disability, Developmental Disability, Autism, Hard of Hearing or Visual Impairment	Physical Disability	Intellectual Disability, Autism, Other Disabilities	Intellectual Disability, Autism, Sensory (Hard of Hearing)
	Secondary Diagnosis		Intellectual Disability (Mild)		
Wheelchair Accessible		Yes		Yes	No
Transport Provided*		Yes		Yes	No
Estimated Waiting Time for Enrolment**		1 year	6 weeks	1 – 2 months	6 – 8 weeks #
Vacancy**		Low	Yes	Yes	Yes

Centre operates from September 2026

*Transportation is provided by external vendors. Please contact centre directly to enquire on specific transport boundaries, vacancy and fees.

**Subject to changes without prior notice. Please contact centre directly if you require additional information on the waiting time and vacancy.

Additional information of Sheltered Workshop (SW)

by Agency

APSN Centre for Adults @Eunos

www.apsn.org.sg

Programme details

Programme offered	Vocational Training Programmes: - Café: Service, Barista, Grilling, Mise en place, Frying, Cashiering, Cleaning & Stock take - Catering Kitchen: Stir-frying, Frying, Cashiering, Cleaning, Mise en place, Knife skill, Dish washing & Stock take - Bakery Kitchen: Weighing, Measuring, Dough making, Cookie production, Chocolate production, Cake production, Cleaning, Mise en place & Stock take - Horticulture: Growing media, Propagation, Germination, Harvesting, Pruning, Weeding, Irrigation, Cleaning & Operate hydroponic system - Retail: FIFO, Stock take, Cleaning, Service, Packing, Arranging - Contract work: Packing, Labelling, Counting, Cleaning & Stock take	Service Group Intellectual Disability (Mild, IQ: 50 -70) Other Requirements: Independent in basic self-care required (for example independent in toileting, dressing, grooming, eating and making simple purchases) Programme Hours Full- time (Mon to Fri 8:30AM to 4:00PM) (Sat 8:30AM to 3:30PM – subject to programme)
Professional staff/services	- Speech Therapist (ST) - Occupational Therapist (OT) - Caregiver Training - Counselling Support - Vocational training - Industry specific training - Employment placement and on-site job coaching support - Case Management - Financial Assistance and external referrals - Caregivers support - Legal Aid assistance - Medical, Eye and Dental referral support - Care planning and Alumni Support Services (lifelong)	Meals Halal, Vegetarian available - chargeable
Transport details		
Transport Provided	Not Available	

Address

11 Jalan Ubi Blk 4 #01-31
Kembangan Chai-Chee
Comummtiy Hub S(409074)

Contact details

Tel: 6346 2425
Fax: 6346 7518
cfa_admin@apsn.org.sg

How to get there?

By MRT: Eunos MRT Station [EW7]
By Bus: 60, 61, 63, 93, 94, 150



Additional information of Sheltered Workshop (SW)

by Agency

Bizlink Sheltered Workshop

www.bizlink.org.sg

Programme details		
Programme offered	- Cleaning - Data Entry - Food and Beverage - Card & Gift - Flora & Hamper - Packing - Work Therapy Programme - Vocational Skills Training (independent travelling, purchasing of food)	Service Group Intellectual Disability, Physical Disability, Developmental Disability, Autism, Hard of Hearing/Visual Impairment
Professional staff/services	- Social Worker - Social service assistant, - SPED teacher - Trainers - Recreational & Leisure Activities - Community Mobility Training - Community & Independent Living Skills Training - Bizlink Philanthropic Workfare fund (Financial Assistance) - Information and Referral - Financial Assistance Referral - Assistive Technology Application	Programme Hours Full- time (Mon to Fri 8:30AM to 5:30PM)
		Meals Available & Chargeable (Halal Certified from Bizlink Café)
Transport details		
	Catchment areas Island-wide	1. Third Party Transport, subject to availability and at designated pick up and drop off point (pick up at Jurong East, Woodlands, Toa Payoh) 2. Bizlink Transport at designated pick up point
	Type	1. Third Party Transport (Normal) 2. Bizlink Transport (Hydraulic)

Address

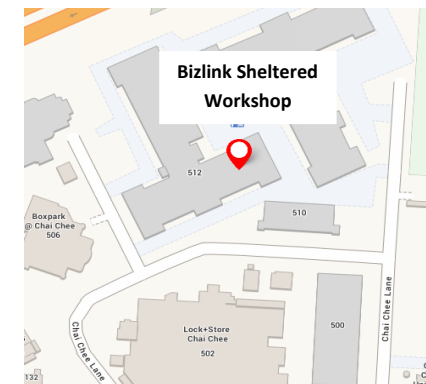
512 #01-09 Chai Chee Lane
Bedok Industrial Estate S([469028](http://www.bizlink.org.sg))

Contact details

Tel: 6449 5652
Fax: 6449 5694
info@bizlink.org.sg

How to get there?

By MRT: Bedok North MRT Station [DT29]
By Bus: 26, 222, 222B



Additional information of Sheltered Workshop (SW)

by Agency

Cerebral Palsy Alliance Singapore (CPAS)

www.cpas.org.sg

Goodwill, Rehabilitation and Occupational Workshop (GROW)

Programme details			
Programme offered	- Vocational skills training in assembly work, IT and office skills and social enterprise initiatives (e.g. Gift Shop, Cafe, Pushcart, Art & Handicraft) - Enhance basic adaptive daily living skills - Community mobility training and life skills (e.g. purchasing of food, using public transport)	Service Group	Physical Disability, Intellectual Disability (Mild)
		Programme Hours	Full- time (Mon to Fri 9AM to 3PM)
Professional staff/services	- Occupational Therapist (OT) - Physiotherapist (PT) - Social Worker a) Information and referral b) Financial assistance c) Casework and counselling d) Parent/caregivers support e) Link with external resources - Employment placement and on-site job coaching support (1-month)	Meals	Available
Transport details			
		Catchment areas	Island-wide (Chargeable Third Party Transport, subject to availability)
		Type	Normal/ Hydraulic

Address

65 Pasir Ris Drive 1 S([519529](#))

Contact details

Tel: 6585 5643

Fax: 6585 5603

hqadmin@cpas.org.sg

How to get there?

By MRT: Pasir Ris MRT Station [EW1]

By Bus: 39, 53, 81, 89, 109, 518



Additional information of Sheltered Workshop (SW)

MINDS Regional Hub

Service Group

Intellectual Disability, Autism (Mild), Cerebral Palsy (Mild), Hard of Hearing

www.minds.org.sg

Programme details

Job Nature

Manual contract work involving recycling, packaging, sorting, stacking; Bakery (except @Hougang), Food and preparation; Cleaning; Sales and retail; Artistic activities and performing arts; Provides vocational training skills / iADL; On the job training; Lifelong learning and curriculum

Professional staff/services

- Occupational Therapist (OT)
- Physiotherapist (PT)
- Psychologist
- Social Worker
- Counselling support

Programme Hours

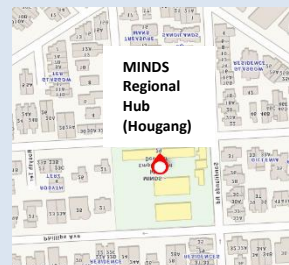
Full- time (Mon to Fri | 9AM to 4:30PM)

Meals

Available (No Pork/lard)

@ Hougang

29 Rosyth Road
S(546190)



How to get there?

By MRT: Kovan MRT Station [NE13]
By Bus: 43, 70, 76, 103, 109, 116, 147, 156

Transport details

Catchment areas

East, Northeast, Southeast and Central region

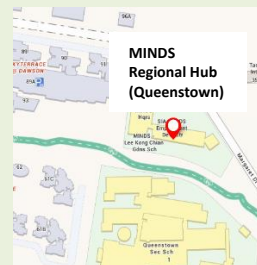
For postal code starting with 79 (e.g. Seletar, Jalan Kayu, Fernvale, Sengkang West) will fall under MINDS Regional Hub (Hougang).

Contact details

Tel: 6282 4852
Fax: 6280 5078
iedc@minds.org.sg

@ Queenstown

800 Margaret Drive
S(149310)



How to get there?

By MRT: Redhill MRT Station [EW18]
By Bus: 32, 122

Transport details

Catchment areas
West, Southwest, South and Central region

Contact details

Tel: 6473 1148
Fax: 6473 3885
smedc@minds.org.sg

Additional information of Sheltered Workshop (SW)

APSN CFA@AMK

<https://www.apsn.org.sg>

Programme details

Programme offered	- Daily Living Skill (DLS) - Social Emotional Learning (SEL) - Therapy (Art, Music & Movement, Mindfulness, Plant, Pets, Sports) - Community Engagements (On and off centre) - Pre-Vocational	Service Group Autism, Intellectual Disability, Other Disabilities
Professional staff/services	- Occupational Therapist - Psychologist - Social Worker - Caregiver Training - Counselling	Programme Hours Full-time (Mon to Fri 9AM to 4PM) Meals Available (Halal/ Non-Halal/ Vegetarian)
Transport details		
	Catchment areas	Ang Mo Kio, Serangoon, Bishan, Sengkang, Hougang, Central water Catchment, Seletar, Yishun Novena, Toa Payoh
	Type	Hydraulic available

Address

190 Ang Mo Kio Avenue 8
Singapore 568046

Contact details

cfa.amk@apsn.org.sg

How to get there?

By MRT: Yio Chu Kang MRT Station [EW19]

By Bus: 13, 70, 72, 76, 162, 825, 860



Additional information of Sheltered Workshop (SW)

SPD@AMK

<https://www.spd.org.sg/>

Programme details

Programme offered	- Vocational skills training, community mobility training and life skills (e.g. purchasing of food, using public transport) - Community Engagements - Supported employment	Service Group Autism, Intellectual Disability Sensory (Hard of Hearing)
		Programme Hours Mon to Fri 8.30AM to 4.30PM Full-time or Part-time

Professional staff/services	- Maintenance Therapy - Active Therapy - Occupational Therapist - Physiotherapist - Psychologist - Social Worker - Caregiver Training - Counselling Support
------------------------------------	--

Meals	Not provided
--------------	--------------

Transport details

Catchment areas	Northeast, walking distance from Yio Chu Kang MRT
------------------------	---

Address

190 Ang Mo Kio Avenue 8
S (568046)

Contact details

Tel: 6579 0744

Tan_lee_huan@spd.org.sg

How to get there?

By MRT: Yio Chu Kang MRT Station [EW19]

By Bus: 13, 70, 72, 76, 162, 825, 860

