

# NAVIGATING CAREGIVING

You are not alone on this journey.  
Find the help and resources you need here:

## Financial help to provide better care

- [Care Services Recommender by SupportGoWhere](#) ●
- [Home Caregiving Grant](#)
- [Migrant Domestic Worker Levy Concession](#)

## Information and resources

- [Enabling Guide](#) ●
- [DementiaHub.SG](#)
- [HealthHub App](#)
- [My Legacy Website](#)
- [We See You Care by AIC](#) ●

## Being equipped with knowledge and skills

- [Caregiver Learning Roadmap](#) ●
- [Caregiver Training Courses](#)

## Assistive technology for your loved one

- [Assistive Technology Fund](#) ●
- [Seniors' Mobility and Enabling Fund](#) ●
- [Tech Able](#)

## Advice and emotional support

- Family and friends
- Online and local community groups
- [CaringSG](#) ●
- Caregivers Alliance Limited Helpline | 6460 4400
- Care Corner Counselling Hotline (Mandarin) | 1800 353 5800
- Dementia Helpline | 6377 0700

- For caregivers of persons with disabilities
- For caregivers of seniors

Scan for more information and resources



An initiative by



We See You Care

**SG ENABLE**  
Inclusive society. Enabled lives.