



(A) Course Summary

<u>Name of Course</u>	Successful Transition Adaptation Readiness Skills (STARS)
<u>Training Provider</u>	National University Hospital (s) Pte Ltd (Child Development Unit)
<u>Target Participants</u>	<p>Children with Autism Spectrum Disorder or Developmental Difficulties transitioning to Primary School</p> <p>and</p> <p>Parents of Children with Autism Spectrum Disorder or Developmental Difficulties transitioning to Primary School</p>
<p><u>Synopsis</u></p> <p>Outline how the course will better equip caregivers to look after their loved ones on a day to day basis</p> <p><i>*propose format, between 50-150 words</i></p>	<ul style="list-style-type: none"> • To provide parents information about the impact of the change to primary school. • To equip parents with necessary skills and strategies to support their children in this challenging process of transition.
<p><u>Course Outline</u></p> <p><i>Indicate the learning units/ modules in sequence with duration for each unit/ module stated</i></p>	<p>2 part workshop including:</p> <p>Parents' workshop (3 hours)</p> <p>Children's workshop (6.5 hours)</p> <ul style="list-style-type: none"> • 2 hours * 3 sessions including 10-15 mins daily debrief sessions for parents at end of each session. <p>There is an additional 0.5 hr feedback session per child's parents after the programme ends)</p> <p>Total programme duration: 9.5 hours</p> <p>Note: Both parent and children workshop are mandatory for attendance under STARS programme</p>
<u>Learning Outcomes</u>	<p>Parent workshop outcomes</p> <ul style="list-style-type: none"> • To equip parents with necessary skills and strategies to support their children in this challenging process of transition. • To help parents identify key challenges that their children may encounter in a mainstream learning environment.

<p>Children workshop outcomes: To prepare children for successful transition in a mainstream school.</p> <ul style="list-style-type: none"> • Child will learn about: <ul style="list-style-type: none"> ○ Understanding and following school routines ○ Dealing with unexpected changes and unstructured situations ○ Functional Communication (e.g. asking for help) ○ Peer interaction and social skills ○ Self-organization and self-help skills <p>To help parents identify key challenges that their children may encounter in a mainstream learning environment.</p>	
Mode of Teaching	Class-based learning
Venue	<p>NUH Child Development Unit @ Keat Hong 2 Choa Chu Kang Loop, #03-01, S689687</p> <p>NUH Child Development Unit @ Jurong Medical Centre 60 Jurong West Central 3, Level 2, S648346</p> <p>*The Parent workshop will be run at CDU, while the Children workshop will be run at a primary school</p>
Course Fee *Inclusive of GST	<p>Course Fee (Before CTG)</p> <p>Parent and Children Workshop [Combined] Subsidized: \$370 Subsidised PR: \$492.10 Private: \$791.80</p>
	<p>Co-Payment (After CTG)</p> <p>Parent and Children Workshop [Combined] Subsidized: \$170 Subsidised PR: \$292.10 Private: \$591.80</p> <p><i>*(Subject to eligibility and the remaining amount of the care recipient's CTG which is capped at \$200 per year)</i></p>
Duration	9.5 hours
Trainer's Bio	<p>Cheryl Ong – Senior Psychologist</p> <p>Cheryl graduated from the National University of Singapore with a BSSc in Psychology in 2010. She obtained a Master of Arts in Applied Psychology with a specialization in Educational Psychology in 2013. She has worked as a psychologist in the Child Development Unit of the National University Hospital Singapore from 2012, providing a range of diagnostic and psycho-educational assessments for preschool and lower primary aged children. She also runs</p>

	<p>intervention programmes for children with developmental delays and their families.</p> <p>Elizabeth Ragen – Psychologist</p> <p>Elizabeth graduated from the National University of Singapore with a BA in Psychology in 2008. She obtained a Master of Arts in Applied Psychology with a specialization in Counselling Psychology in 2013. She previously worked as a psychologist at the Centre for Effective Living from 2013 to 2016, and as part of her work there, she provided counselling for parents and children, delivering workshops and training to teachers and parents on supporting children. She has worked as a psychologist in the Child Development Unit of the National University Hospital Singapore from 2016, providing a range of diagnostic and psycho-educational assessments for preschool and lower primary aged children. She also runs intervention programmes for children with developmental delays and their families.</p>
<p>Enquiries</p>	<p>Please contact Child Development Unit @ Keat Hong at:- Tel: 6769 4537 / 4637</p> <p>Please contact Child Development Unit @ Jurong Medical Centre at:- Tel: 6665 2530 / 2531</p> <p>Email: cdu@nuhs.edu.sg Website: https://nuh.com.sg/our-services/Specialties/Paediatricians/Pages/Developmental-and-Behavioural-Paediatrics.aspx</p>